

Meet some of
OUR TEAM

Volunteer Befrienders



Alan

“Being a befriender is a really rewarding activity.

At each visit we have a coffee and a chat, and catch up with each other’s news.

I know my visits are really appreciated and at the same time we both get the opportunity to make a new friend.”

Vanessa

“I volunteered to become a Befriender after my mother died as I wanted to keep in touch with that generation.

They have such wonderful stories to tell and are always so welcoming.”



Judith

“Connecting with others is such a big part of being human. I feel very privileged to be part of a community project that is making a difference to peoples’ lives.

Where someone needs company we are able to help either by visiting in person or by chatting on the telephone and learning about their lives and sharing parts of ours.”

