

WE ARE LOOKING FOR VOLUNTEER BEFRIENDERS. WOULD YOU, OR SOMEONE YOU KNOW, LIKE TO JOIN OUR **VOLUNTEER TEAM?**

- Do you enjoy a chat either over the phone or face to face?
- Could you make a difference to someone in the local community who may be socially isolated?
- Are you friendly, patient and empathetic?
- Could you commit to about one hour a week?

We provide full training and support plus reimbursement of out of pocket expenses (e.g. mileage).

Get in touch with us today about this rewarding and enjoyable role!

MORE INFORMATION







