

11:00 am
Every Tuesday
& Thursday*
*New from 21st May
2024

Health & Wellbeing
Walks in Southwood
Country Park
GU14 0LJ

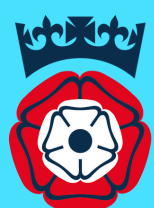
Meet outside the Cafe

HEALTH & WELLBEING WALKS

Tuesday - a longer walk,
approximately 2-2.5 miles
Thursday - 1-1.5 miles, 45
minutes



- Two options to suit your fitness levels - but we go at your pace
- Come along and enjoy the fresh air, good company and the opportunity to feel energised!
- Please wear suitable footwear (the walk will be suitable for poor weather).



Hampshire
County Council

For more details contact:
walks@rvs.org.uk / 01252 398450



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