

EMERGENCY FIRST AID AT WORK



COURSE DURATION	6 hours
CERTIFICATION	3 years Annual refresher available at www.mcgtraining.co.uk/e-learning
QUALIFICATION	First-aider
ASSESSMENT <i>(with an appeals process – details on request)</i>	Continuous by your trainer. <i>Formal practical assessments and a written assessment will form part of the Ofqual-regulated version of this course.</i>
ADDITIONAL SUBJECTS <i>(and bespoke content)</i>	Additional subjects could add extra time to your course. If you require bespoke content, please get in touch.
RENEWAL	Repeat the course. We provide an email reminder service.
MCG POLICIES <i>(details on request)</i>	MCG has an equality and diversity policy and a robust complaints policy and procedure – we treat all opportunities to improve our service with positivity and respect. Our GDPR privacy policy and general terms and conditions are available to view at www.mcgtraining.co.uk .

CONTENT – HSE and Resuscitation Council content-compliant

- Roles and responsibilities of the first-aider
- Incident management
- The unconscious casualty
 - Fainting
 - Seizure
 - recovery position
- CPR and safe use of the AED
- Choking
- Minor injuries, severe bleeding and treatment for shock (with bandaging practice)
- Burns



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Core Values - Quality | Service | Integrity | Communication

Purpose - To teach people how to manage an out-of-hospital medical emergency, prevent injury and promote health and wellbeing, both at work and at home.
Mission Statement – To help organisations build and maintain a positive safety culture and control their own health, safety and wellbeing management systems.