

Rushmoor Voluntary Services
MONTHLY BULLETIN
FEBRUARY 2018

What's On:

PAG FAMILY FESTIVAL 2018

WESTEND CENTRE, QUEENS ROAD, ALDERSHOT, GU11 3JD Box office: 01252 330040

MONDAY 12TH FEBRUARY

10.30 a.m. – 3.30 p.m. (With breaks – bring packed lunch!)



BOOK IN ADVANCE!
DANCE, MUSIC AND CRAFT
FOR SPECIAL NEEDS CHILDREN AND THEIR FAMILIES



BOLLYWOOD BLITZ!
MAKE IT A FAMILY DAY FULL OF FUN

TAKE PART IN THE END OF DAY FINALE!
£5 per head for the day (including adults).
Book places for whole family through West End Centre box Office 01252 330040

BANGRA BEATS WITH SOCO MUSIC PROJECT
Drum workshop for everyone, whatever your age or ability.
Supported by our regular MADD Club Music volunteers.

BOLLYWOOD DANCE WITH ANNABEL
Everyone gets to wear a shimmy!
Supported by our regular MADD Club Dance volunteers.

GET CRAFTY! WITH KATH
Create costume jewellery and shakers for the Bollywood Blitz finale!
Supported by our regular MADD Club volunteers.

BAG BOOK STORYTIME! WITH HELGA
Exceptional sensory stories that reach every child, in the chill out zone

PAG'S Complementary therapists and Face Painters
FREE of charge to centre users throughout the day

Finale of music and dance begins at 3.00 p.m. – everyone takes part!
A Specially invited audience of 20 people will join us and watch the performance

Children remain the responsibility of their adults at all times

For more info, call Heather on 07748 704 704



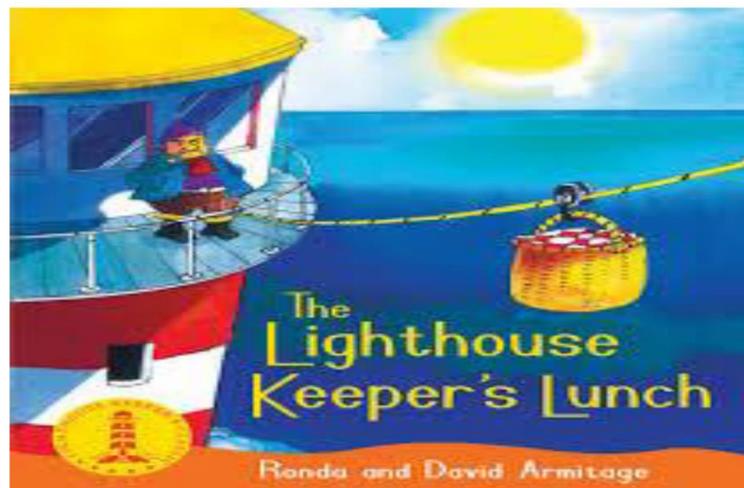
Charity no: 1124598



LOVE YOUR LIBRARY

**Join us for an Interactive Story Time
in the Children's Library.**

Saturday 10th February 10-12pm.



ALDERSHOT TOWN FOOTBALL IN THE COMMUNITY TRUST

February half-term football courses will run at Oakley Park, Fleet, from 10am to 3pm on:

Tuesday 13—Thursday 15 February

Football coaching is for those between five and 15 years old, of all skill levels, and is managed by F.A. qualified staff.

Costs are £15 per day or £40 per week.

There will be skills development, matches and a chance to win trophies and medals!

To book a place, or for more information, email fitc@aldershottownfitc.co.uk or visit www.aldershottownfitc.co.uk.



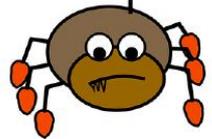
LOVE YOUR LIBRARY

Reptile Show

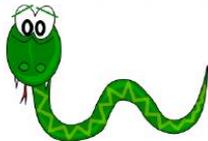
at Aldershot Library

Wednesday 14 February/ 10.30am / £4

An animal handling workshop with Pete's Pet Emporium



Join Pete and his amazing animals in this informative and exciting workshop. Pete will introduce the animals, sharing facts and handling tips, giving everyone the chance to have a closer look themselves.



Places are limited so advance booking is essential

Visit Aldershot Library
Telephone 01252 322560

www.hants.gov.uk/shop



www.hants.gov.uk/library



Hampshire
County Council

Telephone 01252 322560

www.hants.gov.uk/shop

www.hants.gov.uk



FIND YOUR PLACE AT THE LIBRARY

Hampshire Pride: LGBT History Month 2018

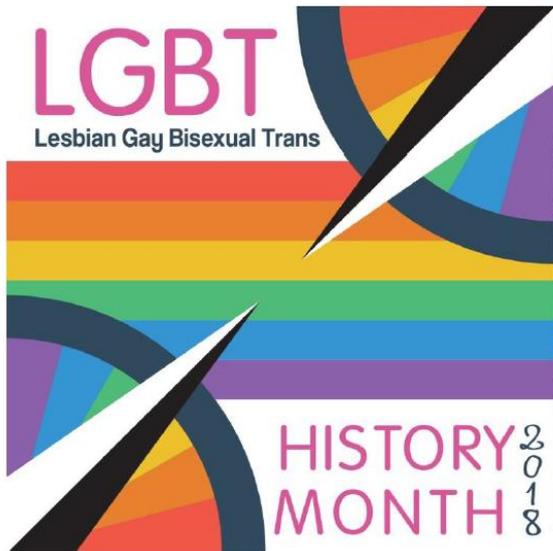
Keep Calm & Carry On:

A Chaplain's Tale

at Farnborough Library

Saturday 17 February / 2pm / £3.50

Pat Aldred joined the army in 1998 after completing 2 years as a Methodist Minister in Nottingham. After commissioning into the Royal Army Chaplains' Department, he served with the Infantry and completed Operational tours in Kosovo, Bosnia and Iraq.



In 2007, whilst on duty in Germany, he met his partner and entered into a civil partnership, making history by becoming the first Army Chaplain to do so.

In 2008, Pat became the LGBT lead for the army and, is currently, one of its LGBT Champions.

Places are limited so advance booking is essential

Visit Farnborough Library / Telephone 01252 516458 / www.hants.gov.uk/shop

www.hants.gov.uk/library



Hampshire
County Council

Telephone 01252 516458
www.hants.gov.uk/shop

www.hants.gov.uk



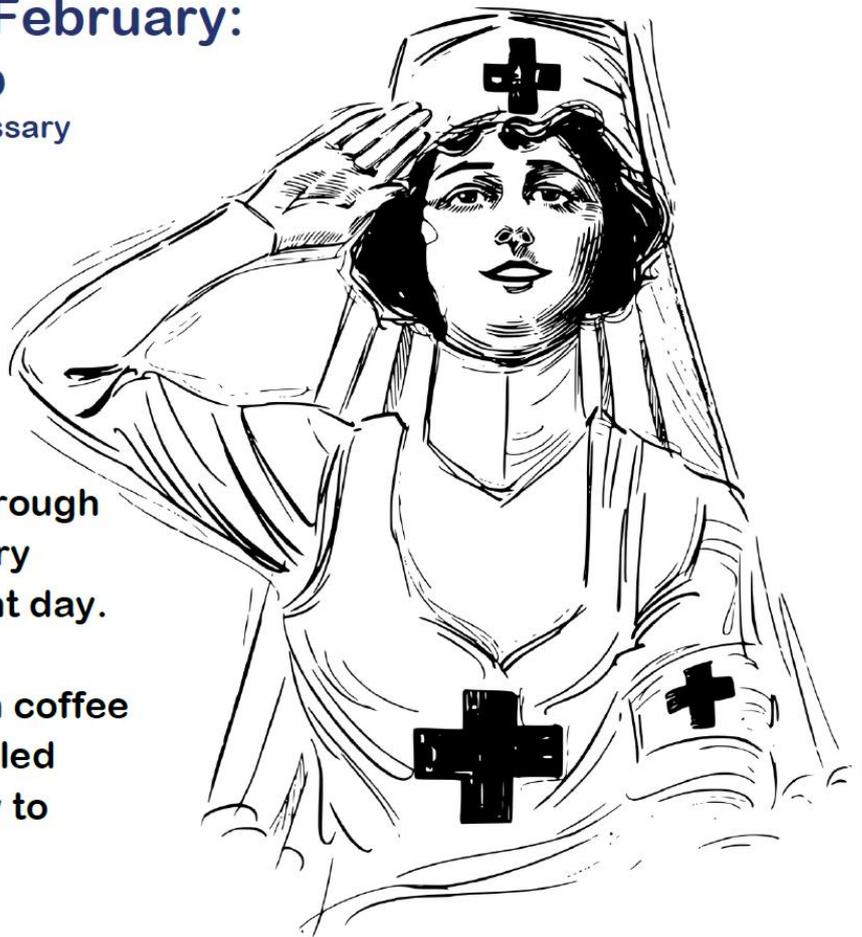
LOVE YOUR LIBRARY

Women and War - Coffee morning

at Aldershot Library
Wednesday 21 February:
9:15-11am / 50p
No advance booking necessary

As part of
#womenswork100 we
are looking back at
the role of women
during WW1 and how
that has developed through
the 20th and 21st Century
conflicts to the present day.

Join us for this drop in coffee
morning that will be filled
with tales old and new to
share your stories.



For more information
Visit Aldershot Library or Telephone 01252 322560

www.hants.gov.uk/library



www.hants.gov.uk



LOVE YOUR LIBRARY

The Gurkhas

at Aldershot Library

Saturday 24 February: 2pm / £4

With Gavin Edgerley-Harris

The Gurkhas have served with the British Army for the last 200 years.

Known for their loyalty, professionalism and bravery, the Gurkha soldiers remain an important part of the British Army, serving in Iraq and Afghanistan, as well as the Falklands and Gulf Wars and peacekeeping missions in Kosovo, Bosnia and Sierra Leone.

Gavin Edgerley-Harris, Director at The Gurkha Museum in Winchester, gives an insight into these soldiers' service with our British Army.

Places are limited so advance booking is essential

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www.hants.gov.uk/shop



www.hants.gov.uk/library



Hampshire
County Council

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www.hants.gov.uk/shop

www.hants.gov.uk

The Mayor and Mayoress of Rushmoor, Councillor
Sophia Choudhary and Miss Attika Choudhary
request the pleasure of your company at their

BOLLYWOOD

charity ball

Friday 9 March 2018
Princes Hall, Princes Way, Aldershot GU11 1NX

with
**Bhangra and
Bollywood Dancers**

Drinks reception followed by four-course meal,
entertainment including Bollywood Dancing,
auction and raffle

Tickets: £50 per person or £450 for a table of ten
Dress code: Black tie, badges of office, miniatures

To book your ticket please contact
kathy.flatt@rushmoor.gov.uk or call 01252 398 829

FARNBOROUGH LIONS CLUB

Cordially invite you to enter a **Team of 4-5 or 6 people** in our....

Charity Quiz Challenge



Saturday 10th March 2018

St. Marks Church Hall

Guildford Road East, Farnborough GU14 6QE

New start time by popular demand

Doors open at 7.00pm Start 7.30pm

£5 per person

Raffle & Prizes. Please bring your own Drinks & Glasses

Please complete the slip below & return to Lion Ray Bentley by 8th March 2018

4 Baird Road, Farnborough GU14 8BP.

Alternatively you can register by phone on 01252 546428 or

via e.mail at raymond.bentley@ntlworld.com

Many Thanks for your support. Lion Ray Bentley

BOOKING SLIP OCT 2017

Our team name is.....Captain.....

Contact Address.....

Contact Tel Number.....Number in Team.....

e.mail.....

We wish to pay on the night.....We enclose a cheque for.....



LOVE YOUR LIBRARY

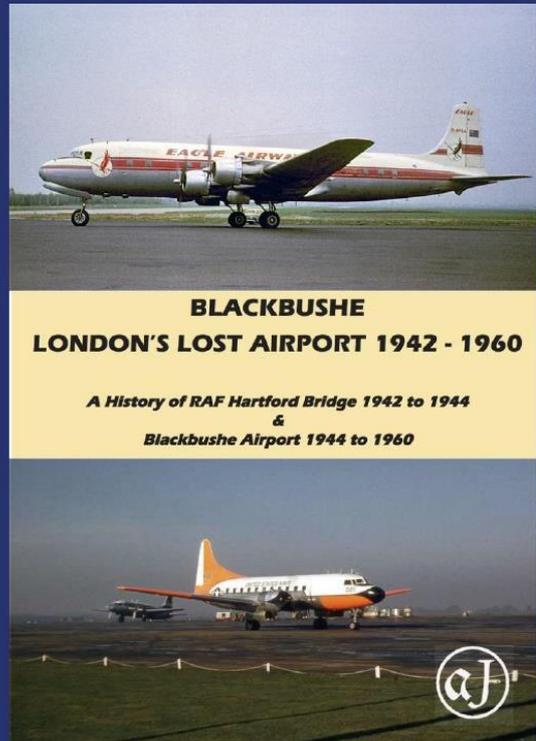
75 years of Blackbushe airport

Learn more about the airport's history from World War 2, its rise to London's second airport and its life today.

at Farnborough Library

Saturday 17 March: 2pm / £3.50

An illustrated talk by local author Robert Belcher



Places are limited so advance booking is essential

Visit Farnborough Library / Telephone 01252 516458 / www.hants.gov.uk/shop

www.hants.gov.uk/library



Telephone 01252 516458
www.hants.gov.uk/shop

www.hants.gov.uk



Can you handle the heat?

**Take the Firewalk Challenge
For
The Vine Centre**

When

- Saturday 17th March 2018
- 4:30pm
- Alderwood Senior School,
Aldershot

How Much

- £25 Sign up fee
- Please Raise
£125 in
sponsorship

For more information contact
Mary Webb on 07502 543375
mary.webb@thevinecentre.org.uk

**The
Vine
Centre** 
Reg Charity 1095915

Big & Brassy Take 2

Sunday 15th April
2.30pm
Princes Hall
Aldershot

**A spectacular massed
brass band concert supporting:**



Conductor: Paul Speed • Guest soloist: Alan Fernie

Almac Bisley Brass Band
Basingstoke Silver Band
Breakaway Brass
Camberley Brass Band

Cove Brass
Farnham Brass Band
Haslemere Town Band
Sandhurst Community Brass



Tickets £14 including
FREE programme
Tel. 01252 329155
www.princeshall.com



Kidz to Adultz Exhibition - South

**Thursday, 17th May – Farnborough International
Etps Road, Farnborough GU14 6FD**

One of the largest FREE UK exhibitions dedicated to children and young adults with a disability or additional needs, their families, carers and the professionals who support them.

120+ exhibitors offering advice and information on funding, mobility, seating, beds, communication, access, education, toys, transport, style, sensory, sports, leisure and more!

For more information and to obtain tickets, please visit the following website:

<http://www.kidzexhibitions.co.uk/>

Other Items of Interest:

Mental health and debt advice service

The charity Mental Health UK has set up a new debt advice service for those with money and mental health needs. The website can be found at: www.mentalhealthandmoneyadvice.org/en

The aim of the website is to provide impartial advice to help the estimated four million people who have mental health and money problems, and a further four million who are in financial difficulty and at risk of developing poor mental health.



Change of venue for Surrey Heath Veterans & Families – Listening Project (SHV&F-LP)

SHV&F-LP who meet every second Tuesday of the month have relocated to St. Mary's Church & Centre, Park Road, Camberley, Surrey GU15 2SR. They meet between 10.00 a.m. and 1.00 p.m.

For more information about this voluntary group, please visit the website: www.shvflp.org.uk

Mental Health Forum

Meetings / Events 2018

1. Informal Public Forum Meeting

Tuesday 6th February 2018, 10.30am – 1.00pm
Concorde Room, Rushmoor Borough Council Offices, Farnborough, GU14 7JU

2. Informal Public Forum Meeting

Tuesday 3rd April 2018, 10.30am – 1.00pm
Concorde Room, Rushmoor Borough Council Offices, Farnborough, GU14 7JU

3. Service Development Meeting

Tuesday 1st May 2018, 10.30am – 1.00pm
Red Room, High Cross Church, Camberley, GU15 3SY

4. SERVICE USERS “YOUR VIEWS” MEETING

Tuesday 3rd July 2018, 10.30am – 1.30pm
Concorde Room, Rushmoor Borough Council Offices, Farnborough, GU14 7JU

5. Informal Public Forum Meeting

Tuesday 4th September 2018, 10.30am – 1.00pm
Blue Room, High Cross Church, Camberley, GU15 3SY

6. Service Development Meeting

Tuesday 2nd October 2018, 10.30am – 1.00pm
Vulcan Room, Rushmoor Borough Council Offices, Farnborough, GU14 7JU

7. Informal Public Forum Meeting

Tuesday 4th December 2018, 10.30am – 1.00pm
Concorde Room, Rushmoor Borough Council Offices, Farnborough, GU14 7JU

All Informal Public Forum Meetings are open, inclusive, and free to access.

**Please feel welcome to attend these informative discussions,
in a friendly and informal atmosphere, socialise with the
other attendees and enjoy the refreshments provided.**

For further information please phone **07895 819 400** or e-mail **linklight.contact@yahoo.co.uk**

Monday Job Club



Time: 10am – 1pm every Monday

Venue: The Vine Centre, 33 Station Road, Aldershot, GU11 1BA

Contact: 01252-400196 / jobclub@thevinecentre.org.uk

**Our friendly team are ready to help you
with your job search**

We provide support with all aspects of job searching including:-

- setting up UJM accounts
- writing CVs
- sending emails
- online job applications
- interview techniques
- training opportunities
- CSCS test practice
- practical support and advice ... and much more!



Free Refreshments



Free Internet Access



Free Advice & Support

JUST DROP IN ... NO APPOINTMENT NECESSARY!

Job Club is funded by  ***in association with*** **YOUR SPACE**

#SpeakUp – 2018 Healthwatch Campaign

Are you willing to get involved in spreading the word about #SpeakUp in 2018?

Please help Healthwatch England by signing up to the thunderclap: <http://bit.ly/2CgAyO6> About this Thunderclap:

Help encourage more people to have their say on health and care.

The more that people share their ideas, experiences and concerns about NHS and social care, the more services can understand when improvements are needed. That is why we are encouraging people to #SpeakUp in 2018 to help make services better for their communities.

Your voice is making a difference

We exist to help improve health and care by sharing people's views with services on what works, what doesn't and what people want from care in the future.

Thanks to people sharing their ideas and experiences with their local Healthwatch, services across England have made positive changes that benefit those who use them.

But, to make the biggest difference, we need to hear from more people.

Two ways you can help

1. Sign up for our Thunderclap and help encourage everyone in your community to share their views in 2018 to help make care better.
2. [Contact your local Healthwatch](#) and share your own experiences of health and social care services and ideas on how they can be improved.

No matter how big or small the issue, we want to hear about it. If it matters to you, it's very likely that it matters to somebody else.

RVS Training opportunities:



Please note: If you wish to attend any of the RVS training courses, you will need to complete a booking form. Once we have received your form, your place will be confirmed.

'Emergency First Aider at Work'

Dates: Wednesday, 21 March 2018
Wednesday, 4th July 2018
Wednesday, 10th October 2018
Wednesday, 5th December 2018

Time: 9.00am - 4.00pm **Cost:** £50.00 **Trainer:** MCG Training

Venue: Farnborough Community Centre, Meudon Avenue, Farnborough GU14 7LE

Details: 'Emergency First Aider at work' is regulated by HSE and effectively replaces the Appointed Person Course - Certification is valid for 3 years with HSE approval (No 38/04)

For more information and a booking form, please call 01252 540162 or email: support@rvs.org.uk

'MiDAS Training' (Mini-Bus Driver Awareness Scheme)

Wednesday, 14 th February	Full
Wednesday, 21 st March	Refresher
Wednesday, 11 th April	Refresher

Costs: Full Courses:
RVS members: £55 (non accessible) and £70 (accessible)
Non members: £65 (non accessible) and £80 (accessible)

Refresher Courses:
RVS members: £35 (non accessible) and £50 (accessible)
Non members: £40 (non accessible) and £55 (accessible)

Venue: Farnborough Community Centre, Meudon Ave, Farnborough GU14 7LE

Trainer: Sue Smith

Details: Accessible training enables the driver to use the tail lift and take wheelchair passengers. The Trainer will arrange a suitable date and time for the driving assessment.

For more information, please contact Viv on 01252 540162 or email: viv@rvs.org.uk

'Accredited Food Hygiene'

Accredited Food Hygiene Courses are available in Rushmoor. These are facilitated by Rushmoor Borough Council.

The three-hour courses can be booked directly with Rushmoor Borough Council. Please use the link below to view available dates and a booking form.

www.rushmoor.gov.uk/foodtraining

Venue: Rushmoor Borough Council Offices, Farnborough. GU14 7LE

Trainer: Rushmoor Borough Council Environmental Health Department

Cost: £40

Information: If you are attending this course, you are advised to read the guidance produced by the Food Standards Agency - click [HERE](#)

Details: The Food Safety in Catering Course is a level 2 equivalent certificated course for anyone working in a catering setting where food is prepared, cooked and handled.

The course is aimed at volunteers and people working with voluntary and community groups.

To book your place(s) please contact Sue Clements, Environmental Health and Housing Services, Rushmoor Borough Council, Council Offices, Farnborough Road, Farnborough, Hants, GU14 7JU, telephone 01252 398139 or email the required information to sue.clements@rushmoor.gov.uk

Other Training opportunities:

Everyday First Aid – courses for groups (updated information)

The British Red Cross offer FREE first aid sessions to groups that include or support:

- Over 65's
- Those using drugs or alcohol
- Homeless

They will come out to your venue to deliver this course and a session will be between 2-3 hours long. There are no assessment and no one is required to get on floor if they do not wish to.

For more information please contact:

Becky Langford on 07590 445383 or email: blangford@redcross.org.uk

Any other training we can help with?

Please let us know if you have any training needs which we are not currently offering. If we have enough people for a course, which fits our criteria for the voluntary sector, we will do our best to put a training programme together.

Please email Greg with your suggestions (greg@rvs.org.uk).



Funding News:

Listed below are some areas of funding which you might find useful. If you need further information relating to any of these, please give us a call.

If you would like to carry out a search to find a trust fund suitable for your particular project, etc., please contact Sue at RVS on 01252 540162. We have access to the Directory of Social Changes database which has information on over 4,000 grant-making trusts.

GREENING GREY BRITAIN

The RHS Greening Grey Britain Fund is open for applications for projects to green a space in your community. Closes **14th February 2018.**

For more information, please visit the website:

<https://www.rhs.org.uk/communities/news/transforming-our-communities>

PAUL HAMLYN

The **Ideas and Pioneers Fund** has grants to support individuals and organisations with unusual ideas to improve the life chances and opportunities for people. **There are no deadlines.**

For more information, please visit the website:

<https://www.phf.org.uk/funds/ideas-and-pioneers-fund/>

THE STEEL CHARITABLE TRUST

The Steel Charitable Trust provides grants between £2,500 & £25,000 for various areas including disadvantage.

The Trustees support five categories:

- * Arts and Heritage
- * Education
- * Environment
- * Health
- * Social or Economic Disadvantage

The Trustees do NOT fund:

- * Charities registered outside the United Kingdom
- * Expeditions
- * Individuals
- * Political Parties
- * Promotion of Religion

No deadlines. For more information, please visit the website:

<http://www.steelcharitabletrust.org.uk/>

HARAMEAD TRUST

The Hamead Trust offers grants to charities in support of children, social and medical assistance, homelessness and education. There are no deadlines.

For more information, please contact: hameadtrust@aol.com

CONCERTINA CHARITABLE TRUST

The Concertina Charitable Trust makes grants of up to £250 to charities that provide musical activities for the elderly community in need.

The trustees review applications after the deadlines of: 30th April and 31st October.

For more information, please visit the website:

www.concertinamusic.org.uk/Grants.php

THE INMAN CHARITY

Objectives of Fund: The scheme aims to fund projects with a social welfare focus and those working with disadvantaged people. No minimum or maximum level of funding is specified.

The directors are particularly interested in supporting the following areas of charitable work:-

- Medical research
- Care of the elderly
- General welfare
- Hospices
- The Deaf and Blind
- Care of the physically & mentally disabled
- The Armed Forces

Deadlines: 28th February and 31st August annually. Applications must be received by the end of February or the end of August each year to be considered at the Spring or Autumn meetings.

Who Can Apply? Charities registered in the UK may apply. Grants are available for registered charities in the UK carrying out medical, social welfare or general welfare activities.

For more information, please visit the website:

<http://www.inmancharity.org/>

THE RAYNE FOUNDATION

There are no application deadlines.

Who can apply? Applications will be accepted from national organisations, local organisations which are doing work which could be an inspiration to others. We accept applications from organisations which are not registered charities, as long as the request is related to work which is considered charitable. Statutory agencies can also apply but only for work which is innovative and likely to have wider ripples elsewhere. We will not provide funding for statutory agencies to deliver their core services.

We give Grants within four sectors:

- Arts
- Education
- Health & Medicine
- Social Welfare & Development.

Within these four broad sectors, we encourage applications that apply to our evolving list of areas of special interest, which are listed on the website.

These are the specific types of costs the Foundation will fund:

- Salaries and all types of project costs plus a reasonable contribution to overheads (there is no fixed percentage)
- General running or core costs (normally for a maximum of three years)
- Capital costs of buildings and equipment (unless specifically stated in certain sectors)

We do not specify minimum or maximum amounts. You can apply for a specific amount or a contribution to the total cost. Please note we are rarely able to fund a project completely and urge you to approach others to part-funding.

Applying for a Grant is a two-stage process.

First you must fill in the Stage One Application Form, which you can download as a Word document and complete on your computer. You can either email the completed form or print it out for posting.

Stage One applications are accepted at any time. All email applications are automatically acknowledged provided you send them by email. You will hear from us with a decision within one month.

If we invite you to make a Stage Two Application, we will ask for a more detailed application. At this point we will notify you of the date you can expect to receive a final decision from us. This will normally be within four months but it also depends on how long you take to complete your Stage Two application. Trustee meetings take place approximately every three months although we do not publicise these dates.

If you do need more information, please try our website: www.raynefoundation.org.uk or call The Rayne Foundation on 020 7487 9656.

If you have any useful items you would like to share with others, which we can include in our Monthly Bulletin, please contact us at:

Rushmoor Voluntary Services, Farnborough Community Centre, Meudon Avenue
Farnborough, Hampshire GU14 7LE

Tel. No.: 01252-540162 or E-mail: sue@rvs.org.uk