



Leisure Activities Signpost Guide

23 August 2017



Community Information

Rushmoor Voluntary Services is a Registered Charity Number 1059794 and a Company Limited by Guarantee registered in England and Wales
Registration Number 3238444

An active child is more likely to become an active adult. Sport helps children develop all sorts of skills including quicker foot movement, improved hand-eye co-ordination and better balance. Being part of a team gives children a great sense of belonging. It also challenges them to work in a group, and encourages them to think of others. Sport doesn't have to mean competitive teams and expensive equipment but it should always be fun. (Source: sportacademy). Leisure activities also have a range of benefits including relieving stress, reducing tension, soothing mind and body, bringing about positive changes in attitude, and improving social communication and interaction. These psychological changes also impact physical health in a positive manner. Being involved in leisure activities not only has lots of social benefits they also make a significant difference to your community (Source: benefitof.net)

Part of the role of Rushmoor Voluntary Services is to bring together information, from both voluntary/community organisations and statutory authorities which will benefit the residents and community wellbeing of Rushmoor hence this production of this guide which is ONE OF A SERIES

If you are looking for Adult Services; Health and Social Care Services including Health Condition Support Groups; Carers Support; Counselling Services; Disability Support; Homeless Services; Long Term Illness Support; Mental Health Support; Over 55 Services; Social and Leisure Activities; Sports Activities; Transport Services; Voluntary and Community Sector Support; Venue Hire then please see the relevant GUIDE IN THE SERIES

Please NOTE: Many services are free, but in some cases there may be a charge. If there is an answer phone organisations will get back to you. One number for each Organisation has been listed but they may signpost you to another contact number

INDEX - This Signpost Leaflet shows a Service Header followed by the details of those organisations that provide this service followed by the actual services provided under this heading

Art Activities

West End Centre

Telephone: 01252 408040

E-Mail: barney.jeavons@hampshireculturaltrust.org.uk

Website: <https://hampshireculturaltrust.org.uk/west-end-centre>

Arts Centre offering a wide programme of events + classes including music (from acoustic folk to thrash metal), comedy, theatre, classes and exhibitions.

Service Charge: Yes

Art, Craft and Design

Elders Craft English Exchange

Telephone:

E-Mail: anneliese265@hotmail.com

Website:

Craft as a medium to encourage inclusion between the English and Gurkha/Nepali community.

Service Charge:

Canals

Accessible Boating Association

Telephone: 07958 766372

E-Mail: john.ranson.t21@btinternet.com

Website:

Accessible Boating is a Charity offering opportunities for disabled people or those with access difficulties to go boating on the Basingstoke Canal from Colt Hill Wharf, Odiham in Hampshire. We operate 2 boats: DAWN, a day boat; and MADAM BUTTERFLY, a cruising boat. Both craft are specially designed and equipped to cater for those with disabilities or reduced mobility. Hydraulic lifts give easy access for those in wheelchairs and both boats have accessible toilets. Self-drive hiring's are open to both novices and experienced boaters alike, because full tuition tailored to individual requirements is provided at the start of each cruise by trained Dispatchers. If you have any concerns about boat handling, please contact us, as we will provide whatever support you need.

Service Charge: No

Children's Play

Parents Action Group for Special Play

Telephone: 01252 837112

E-Mail: pag.specialplay@googlemail.com

Website: <http://pagforspecialplay.co.uk/>

PAG is a local charity for families with Special Needs children. We have a committee of 10 parents who each have at least one child with a disability. Our aim is to create more and better play opportunities for Special Needs children, in Rushmoor and the surrounding area. We do this through campaigning, fundraising and organising! Our 'Statement of Purpose' is Every child has a right to play.

Service Charge: No

Choir

Kindred Spirits Choir

Telephone: 01276 500002

E-Mail: homehaven@ntlworld.com

Website:

We are a choir comprised solely of breast cancer survivors - we are an informal support group who meet weekly for singing practice. Please contact us for more information.

Service Charge:

Coffee Club

Farnborough LGBT Coffee Posse

Telephone: 07738 258087

E-Mail: ricke17@gmail.com

Website:

Service Charge:

Coffee Morning

Church of the Good Shepherd Community Project

Telephone: 01252 549481

E-Mail: community@goodshepherdchurch.org.uk

Website: www.goodshepherdchurch.org.uk

House groups on various days of the week. Senior citizen's coffee morning Thursday 10.30am. Women's' fellowship second Wednesday of the month from 2.30pm. Rainbow Parent and Toddler group on Wednesdays from 1.15pm. Olive Branch Clothing Exchange on Thursdays from 9.30am

Service Charge: No

Dancing

Gremlin Dance Ltd

Telephone: 07794 515158
E-Mail: gremlin.dance@tiscali.co.uk
Website: <http://gremlindance.com/index.html>

Gremlin Dance facilitate a wide range of regular dance sessions and workshops in varying styles including Street Dance, Tap, Ballet, Modern Jazz, Contemporary, Creative and Street Cheer. We tailor many of our sessions to suit the needs of our clients, and previous workshops have been delivered in more diverse styles such as Indian and African Dance, Ballroom and Topical based sessions for cross-curricular learning.

Service Charge:

Renton Dance Studio

Telephone: 07973 520151
E-Mail: studio@rentondance.co.uk
Website: http://rentondance.co.uk/Renton_Dance_Studio/Home.html

Classes for children, young adults and adults, 2 to 18 years and beyond. We welcome complete beginners to professional dancers. Students performing with The Renton Dance Studio have enjoyed success across the festival and show scene for many years with almost 300 dancers attending classes in ballet, tap, modern, jazz, contemporary & musical theatre classes throughout the week. We pride ourselves on our family involvement with social and fundraising events throughout the calendar. Come along and try one of our lessons, we are confident you'll want to stay!

Service Charge: No

Shuffles Dance Studio

Telephone: 01252 314291
E-Mail: info@shuffles-dance.com
Website: <http://www.shuffles-dance.com/>

We present shows for older people. Please contact us for more information.

Service Charge: No

West End Centre

Telephone: 01252 408040
E-Mail: barney.jeavons@hampshireculturaltrust.org.uk
Website: <https://hampshireculturaltrust.org.uk/west-end-centre>

Arts Centre offering a wide programme of events + classes including music (from acoustic folk to thrash metal), comedy, theatre, classes and exhibitions.

Service Charge: Yes

Disability Activities

Accessible Boating Association

Telephone: 07958 766372
E-Mail: john.ranson.t21@btinternet.com
Website:

Accessible Boating is a Charity offering opportunities for disabled people or those with access difficulties to go boating on the Basingstoke Canal from Colt Hill Wharf, Odiham in Hampshire. We operate 2 boats: DAWN, a day boat; and MADAM BUTTERFLY, a cruising boat. Both craft are specially designed and equipped to cater for those with disabilities or reduced mobility. Hydraulic lifts give easy access for those in wheelchairs and both boats have accessible toilets. Self-drive hiring's are open to both novices and experienced boaters alike, because full tuition tailored to individual requirements is provided at the start of each cruise by trained Dispatchers. If you have any concerns about boat handling, please contact us, as we will provide whatever support you need.

Service Charge: No

Contact a Family Hampshire

Telephone: 0207 608 8700

E-Mail: info@makingcontact.org

Website: www.cafamily.org.uk

children with disabilities

Service Charge: Yes

Parkside (Aldershot and District Learning Disability)

Telephone: 01252 313103

E-Mail: suzanne.parkside@gmail.com

Website: www.parksidealdershot.co.uk/page.php?pid=1

Parkside is a registered charity based in Aldershot that provides support services for children and adults with learning disabilities living in the local area, covering both Hampshire and Surrey. Parkside's Aim as a charity is to give both children and adults the opportunity to develop their individual skills and to take part in activities within the local community. Needs can vary from requiring support to socialise with friends, to participating in leisure activities, meeting new people, to developing life skills and providing respite for other family members. By reaching out into the community, Parkside aims to develop and strengthen its links with local people and organisations, creating opportunities for everyone to become involved and included. Parkside is working to help people with learning disabilities to be recognised as part of the community and make the most of life. We offer a range of services - Please contact us for more details.

Service Charge: No

Fitness Training

Aldershot, Farnham & District Athletics Club

Telephone: 01252 519242

E-Mail: steves.26@hotmail.co.uk

Website:

An all purpose athletic club providing training and competition for track, field, road running and cross country running for members aged 11 years and upwards. For both males and females and including veterans. The club enters teams in most leagues and can provide top class competition.

Service Charge: Yes

Wavell Campus Leisure

Telephone: 01252 317603

E-Mail: wavell.campus@wavell.hants.sch.uk

Website: www.rushmoor.gov.uk/article/3002/Wavell-Cody-Community-Campus

Wavell Campus Leisure is part of Wavell School in Farnborough that provides a range of indoor and outdoor sports and leisure facilities for the community on weekday evenings and weekends. Facilities include: Gym; Halls for hire; Fitness classes (including Zumba, circuits and Boxercise); UK Fitness and Community Dance Club; Children's parties; Martial arts classes; Sports hall (ideal for five-a-side football, badminton, basketball and hockey); Indoor cricket nets; Dance studio; Floodlit netball centre; Floodlit football training areas; Evening classes (including yoga, art, lace making and woodcarving); Rushmoor playscheme; School holiday football and dance clubs; Meeting rooms; Band practice rooms

Service Charge:

Friendship Group

OPPORTUNITIES

Telephone: 07739 576805

E-Mail: keylinecomputer@yahoo.co.uk

Website: www.opportunitiesproject.org/

The Opportunities Community Project originally started in Hale, Farnham, with the aim to help and support lone parents locally to build a brighter future for themselves and their families. Following the success of the Project in the Hale area,, we have now extended our classes to Ash, Farnborough, Wrecclesham and Godalming. The Project aims to provide FREE classes in IT training, either to learn or update skills to an employability level, then to support students in looking for work, with free childcare provided. Why not take the time to browse through our website, it may offer "Opportunities"? Our Classes are delivered by qualified tutors, in a friendly and supportive atmosphere, with learning programs set, so that each student learns at their own pace. In addition, Opportunities offers friendship, support and leads to a new future.

Service Charge:

Gardening

Ash Parish Garden Club

Telephone: 01252 544195

E-Mail: ian@chant.org.uk

Website:

Ash Parish Garden Club - Please contact us for information on our activities.

Service Charge: No

History

Aldershot Military Museum

Telephone: 01252 314598

E-Mail: jenny.stevens@hampshireculturaltrust.org.uk

Website: www.hants.gov.uk/aldershot-museum

Housed in the only surviving brick-built barrack blocks left in Aldershot, the museum tells the story of daily life for both soldier and civilian since 1854 and the story of Aldershot Military Town and the civil towns of Aldershot, Farnborough and Cove.

Service Charge: No

Farnborough Air Sciences Trust (F.A.S.T)

Telephone: 01252 375050

E-Mail: sanmaushake@hotmail.com

Website: <http://www.airsciences.org.uk/visitor-information.html>

The principal activities of the Trust are to research, maintain and promote all aspects of RAE (UK wide) and NGTE history and heritage.

Service Charge: No

North East Hampshire Historical & Archaeological Society

Telephone: 01252 543023

E-Mail: janpaddon@aol.com

Website: www.hants.org.uk/nehhas/contacts.html

Social, Historical and Archaeological investigation in NE Hants which includes both documentary research and 'dirt' archaeology. Workshop and library etc, located at The Kiln Trust, Badshot Lea.

Service Charge: Yes

The Farnborough Society

Telephone: 01252 405149

E-Mail: barbara@pbhurst.com

Website: www.thefarnboroughsociety.org.uk/

The Society aims to be a non-political community led voice for the well-being of Farnborough. It will also raise awareness about local issues, the environment and history of the town.

Service Charge:

Museums

Aldershot Military Museum

Telephone: 01252 314598
E-Mail: jenny.stevens@hampshireculturaltrust.org.uk
Website: www.hants.gov.uk/aldershot-museum

Housed in the only surviving brick-built barrack blocks left in Aldershot, the museum tells the story of daily life for both soldier and civilian since 1854 and the story of Aldershot Military Town and the civil towns of Aldershot, Farnborough and Cove.

Service Charge: No

Music

The Cody Farnborough Amateur Operatic Society

Telephone: 01252 614378
E-Mail: secretary@cfaos.co.uk
Website: www.cfaos.co.uk/

FAOS has been going from strength to strength, and are approaching our 100th year. We have, in the past re-created some of the most challenging shows that have been on the West End stage such as Jesus Christ Superstar (first Amateur company to have been given the rights to stage this show following its run in the West End), Chess, The Producers, to name but a few and have been privileged to have received several awards from the National Operatic and Dramatic Association (NODA) to which we are affiliated, the latest being for Sound of Music. We rehearse throughout the year on Tuesdays and Thursday evenings and stage two major musical productions annually

Service Charge: Yes

Parent and Toddler Groups

Church of the Good Shepherd Community Project

Telephone: 01252 549481
E-Mail: community@goodshepherdchurch.org.uk
Website: www.goodshepherdchurch.org.uk

House groups on various days of the week. Senior citizen's coffee morning Thursday 10.30am. Women's' fellowship second Wednesday of the month from 2.30pm. Rainbow Parent and Toddler group on Wednesdays from 1.15pm. Olive Branch Clothing Exchange on Thursdays from 9.30am

Service Charge: No

Performing Arts

Princes Hall

Telephone: 01252 327671
E-Mail:
Website: www.princeshall.com/princeshallhome

Named for HRH Prince Phillip The Duke Of Edinburgh, the Princes Hall, Aldershot is a multi purpose centre in Aldershot, Hampshire, owned and managed by Rushmoor Borough Council. The main auditorium can currently seat 595 in a 'terraced' seating layout or over 800 for a standing concert. An additional 3 function rooms named the Princes Suite, the Edinburgh Suite and the Tichbourne Suite (after the prominent Aldershot family) are available for hire for conference, parties and weddings. The Box Office is open Monday to Friday 10am to 5.30pm and Saturday 10am to 3.00pm (Extended on show evenings) on 01252 329155

Service Charge:

Places of Interest to Visit

Aldershot Garrison HIVE Information Centre

Telephone: 01252 348264

E-Mail: aldershothive@armymail.mod.uk

Website: www.hive.mod.uk

HIVE Information Centres offer an extensive range of information on relocation, the local unit and civilian facilities, places of interest, schools and further education, housing, healthcare facilities, employment and training opportunities. The HIVE can also refer individuals with welfare issues to appropriate professional welfare agencies.

Service Charge: No

Friends of Brickfields Country Park

Telephone: 08707 700695

E-Mail: mike@brickfieldspark.org

Website: www.brickfieldspark.org

Volunteer group dedicated to the upkeep of possibly the smallest country park in the UK. Used by local schools for nature studies etc. Occasional volunteers welcome. - Possibly the UK's smallest Country Park!

Service Charge: Yes

St Michael's Abbey

Telephone: 01252 546105

E-Mail: carol@farnboroughabbey.org

Website:

Saint Michael's Abbey is a Benedictine abbey in Farnborough. The small community is known for the quality of its liturgy, which is sung in Latin and Gregorian Chant, its pipe organ, and its liturgical publishing and printing. It is also the national shrine of St Joseph. The Abbey was founded in 1881 by the Empress Eugénie (1826–1920) as a mausoleum for her late husband Napoleon III (1808–1873), and their son the Prince Imperial (1856–1879), both of whom rest in the Imperial Crypt, along with Eugénie herself, all in granite sarcophagi provided by Queen Victoria. Every Saturday at 3 pm there is a guided tour of the Abbey Church and Imperial Crypt. There is no need to book in advance. The Abbey gates open automatically at 2.50 pm – please wait at the gates until they open. The tour lasts an hour and ends in the monastery shop. We ask a minimum donation of £3 per person (children free).

Service Charge: Yes

Playschemes

Farnborough Grange Nursery/Infant School

Telephone: 01252 541879

E-Mail: j.armstrong@farnboroughgrange.hants.sch.uk

Website: <http://www.farnboroughgrange.hants.sch.uk/>

Children summer Playscheme 5-10 year olds sessions for 4 year olds only. BV

Service Charge: No

Sewing, Embroiderering, Knitting, Needlecraft

North Downs Lace Guild

Telephone: 01252 835321

E-Mail: secretary@northdownslacemakers.org.uk

Website: www.northdownslacemakers.org.uk

We are a friendly group of lacemakers and welcome members of all ages. Our members include beginners, teachers and authors who make bobbin and needle lace of all types, traditional and modern. We welcome visitors of any standard of lace making to our meetings. Our programme of monthly meetings includes talks, mini-workshops, 'Make Lace' evenings with suppliers and a Christmas Party. We meet on the second Thursday of each month at the Morgan Centre in Crowthorne from 8:00 to 10:00 p.m. We hold a monthly

raffle, and have goods, including membership badges, with our logo on for sale. Members may borrow books from our well stocked Library.

Service Charge:

Social Activities Club

Brendon Care Clubs

Telephone: 01962 857477

E-Mail: EIngleton@brendoncare.org.uk

Website: <http://www.brendoncare.org.uk/>

Social groups and clubs for older people. Please contact us for more information.

<http://www.brendoncare.org.uk/clubs/our-clubs/hampshire>

Service Charge: No

Contact The Elderly

Telephone: 0207 240 0630

E-Mail: info@contact-the-elderly.org.uk

Website:

Contact the Elderly is the only national charity solely dedicated to tackling loneliness and social isolation amongst older people, through regular face-to-face contact.

<http://www.contact-the-elderly.org.uk/>

Service Charge: No

Cove Cricket and Social Club

Telephone: 01252 511965

E-Mail: atlynch@ntlworld.com

Website:

The main activity is cricket for all ages. We currently run 5 sides on Saturdays and 2 on Sundays. We also run other activities and fund-raising events throughout the year. Please contact us for details.

Service Charge:

KC21

Telephone: 01252 333767

E-Mail: brenda@kc21.net

Website: www.kc21.net

Service Charge: No

OFLAC

Telephone: 07787 783903

E-Mail: coordinator@oflac.org.uk

Website:

To promote independence and encourage living skills. To have opportunities to make new friends and enjoy the many activities offered which helps to build confidence. Services and activities offered: For young adults with learning disabilities. We offer drama, dance, computers and arts & crafts. Additional courses in healthy cookery and budgeting. Minimum age: 18 Maximum age: none Charges: £2.00 per day for lunch and all drinks. Times: Mondays & Fridays 10.00 -4.00pm Alternate Wednesday Social Club 8.00 - !0.00pm

Service Charge: Yes

W.E.B.S. Over 60's Club

Telephone: 01252 328919
E-Mail: andysueduff1969@btinternet.com
Website:

Service Charge:

Social Fundraising Group

Inner Wheel of Rushmoor

Telephone: 01252 543957
E-Mail: sa.groocock@ntlworld.com
Website: <http://www.innerwheel.co.uk/>

Local meetings and campaigns. Please contact us via the national website: <http://www.innerwheel.co.uk/>

Service Charge: No

Rotary Club (Aldershot)

Telephone:
E-Mail: bmcclure0511@gmail.com
Website:

Please contact us for details of our organisation and to find out how to get involved.

Service Charge: No

Rotary Club (Farnborough)

Telephone: 01252 541332
E-Mail: dwoodward@btinternet.com
Website:

Supporting local communities and charitable causes - Please contact the Secretary for information regarding our meetings and activities.

Service Charge: No

Social Trips

Accessible Boating Association

Telephone: 07958 766372
E-Mail: john.ranson.t21@btinternet.com
Website:

Accessible Boating is a Charity offering opportunities for disabled people or those with access difficulties to go boating on the Basingstoke Canal from Colt Hill Wharf, Odiham in Hampshire. We operate 2 boats: DAWN, a day boat; and MADAM BUTTERFLY, a cruising boat. Both craft are specially designed and equipped to cater for those with disabilities or reduced mobility. Hydraulic lifts give easy access for those in wheelchairs and both boats have accessible toilets. Self-drive hiring's are open to both novices and experienced boaters alike, because full tuition tailored to individual requirements is provided at the start of each cruise by trained Dispatchers. If you have any concerns about boat handling, please contact us, as we will provide whatever support you need.

Service Charge: No

Theatre

Princes Hall

Telephone: 01252 327671
E-Mail:
Website: www.princeshall.com/princeshallhome

Named for HRH Prince Phillip The Duke Of Edinburgh, the Princes Hall, Aldershot is a multi purpose centre in Aldershot, Hampshire, owned and managed by Rushmoor Borough Council. The main auditorium can currently seat 595 in a 'terraced' seating layout or over 800 for a standing concert. An additional 3 function rooms named the Princes Suite, the Edinburgh Suite and the Tichbourne Suite (after the prominent Aldershot family) are available for hire for conference, parties and weddings. The Box Office is open Monday to Friday 10am to 5.30pm and Saturday 10am to 3.00pm (Extended on show evenings) on 01252 329155

Service Charge:

West End Centre

Telephone: 01252 408040

E-Mail: barney.jeavons@hampshireculturaltrust.org.uk

Website: <https://hampshireculturaltrust.org.uk/west-end-centre>

Arts Centre offering a wide programme of events + classes including music (from acoustic folk to thrash metal), comedy, theatre, classes and exhibitions.

Service Charge: Yes

Uniformed Air Training Corps

Air Training Corps

Telephone: 01252 524755

E-Mail: oc.457@aircadets.org

Website: Telephone number only available on club nights.

ATC activities - please contact us for details on how to join us and get involved.

Please see our website for more information and contacts: <http://www.airtrainingcorps.org/>

Service Charge:

Uniformed Girl's Brigade

The Girls' Brigade (Surrey Downs District)

Telephone: 07876 514675

E-Mail: gbwoking@gmail.com

Website:

Companies in Addlestone, Alton, Farnham, Fleet, New Haw and Woking

Service Charge: No

Uniformed Guides

10th Aldershot Rainbows and Brownies

Telephone: 01252 679599

E-Mail: a.garland@allhallows.net

Website: <http://e.volve.org.uk/directoryitem.aspx?index=103&item=3047&dataitem=7826>

Brownie activities for girls in Aldershot - please contact us for session times and further information. A Brownie is usually aged between seven and ten. Their meetings are full of challenges, games and activities, usually ones that the Brownies have suggested themselves.

Service Charge: Yes

12th Aldershot (St Michael's) Rainbow Unit

Telephone: 01252 319543

E-Mail: tclparrypar6er@supanet.com

Website:

A Rainbow is usually aged between five and seven. Rainbows have fun! They take part in games and activities as part of their programme called the Rainbow Jigsaw. Please contact us for details of our

activities.

Service Charge: No

1st Frimley Guides

Telephone:

E-Mail: spencer_jones4@hotmail.com

Website:

Guiding activities. Please contact us for joining details and how you can get involved.

Service Charge:

1st Frogmore and Darby Green Girl Guides

Telephone: 01252 344368

E-Mail:

Website: www.girlguidinghn.org.uk/PHP/Public/Divisions/Blackwater%20Valley.php

Frogmore & Darby Green District has Rainbow, Brownie and Guide units. All the units meet weekly during term time on various nights and in various locations. Please contact for details. A Rainbow is usually aged between five and seven. Rainbows have fun! They take part in games and activities as part of their programme called the Rainbow Jigsaw. A Brownie is usually aged between seven and ten. Their meetings are full of challenges, games and activities, usually ones that the Brownies have suggested themselves. A Guide is usually aged between ten and fourteen. Being a Guide is all about learning new skills, making your own decisions and having fun.

Service Charge: No

2nd Frimley Rainbows

Telephone: 01252 544195

E-Mail: hazel@chant.org.uk

Website:

Rainbows. Age: 5-7 years. Part of Girlguiding UK. Contact us for more information.

Service Charge:

4th Cove Guides

Telephone: 01252 514442

E-Mail: steveandnic@btinternet.com

Website:

Guiding activities in Farnborough - please contact us for details of meetings and activities.

Service Charge:

4th Frimley Guides

Telephone: 01276 514766

E-Mail: liz.murnaghan@ntlworld.com

Website:

Guiding activities! - please contact us for joining details and how you can get involved.

Service Charge:

7th Frimley Brownies

Telephone: 01252 544195

E-Mail: ian@chant.org.uk

Website:

Brownie activities in Frimley - Please contact us for session times and further details. A Brownie is usually aged between seven and ten. Their meetings are full of challenges, games and activities, usually ones that the Brownies have suggested themselves.

Service Charge: No

Girl Guiding (Farnborough)

Telephone: 01252 510087

E-Mail:

Website:

Guiding in Farnborough - please contact us for details of activities and how to get involved.

Service Charge: No

Trefoil Guild (Surrey)

Telephone: 01252 544195

E-Mail: hazel@chant.org.uk

Website: www.trefoilguild.co.uk/default.aspx

Trefoil Guild is guiding for adults offering fun, friendship and making a difference! If you hold a role in Guiding or Scouting you will find that joining the Trefoil Guild is for you! If you were in Guiding or Scouting and enjoyed the camaraderie of friends with a similar outlook, you will find that in a Trefoil Guild near you! If you are having a break from Guiding or Scouting you will find Trefoil Guild is the place to be! Even if you have never been involved in either Guiding or Scouting, there is always a warm welcome for anyone who likes the idea of learning something new, travelling, meeting new people or getting involved in local Guiding and Scouting projects.

Service Charge:

Uniformed Scouts

10th Farnborough Scouts

Telephone: 01252 546408

E-Mail: joanhughes2007@googlemail.com

Website: <http://scouts.org.uk/get-involved/groups/10th-farnborough>

Scouting activities in Farnborough - Please contact us for more information. Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives. From camping and hiking to surfing and paragliding, there are hundreds of activities that Scouting offers. Join in and see for yourself. Scouts (ages 10½–14); Explorer Scouts (ages 14–18)

Service Charge: No

14th Aldershot (Pegasus) Scout Group

Telephone: 01252 334209

E-Mail: traceystillwell@talktalk.net

Website:

Scouting activities in Aldershot - Please contact us for more information.

Service Charge:

1st Aldershot Scout Group

Telephone: 01252 317965

E-Mail:

Website: www.1staldershot.co.uk/

Scouting activities in Aldershot including Beavers (6 to 8 years of age) who meet on a Wednesday night; Cubs (8-10½ years of age) who meet on a Tuesday night; Scouts (10½–14 years of age) who meet on a Friday night - Please contact us for more information. Scouting helps young people enjoy new adventures; to experience the outdoors; interact with others, gain confidence and have the opportunity to reach their full potential.

Service Charge: No

2nd Aldershot Scout Group

Telephone: 01252 691737

E-Mail: chairman@2ndAldershot.org.uk

Website: <http://scouts.org.uk/get-involved/groups/2nd-aldershot#&panel1-1>

Scouting activities in Aldershot - Please contact us for more information. Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives. From camping and hiking to surfing and paragliding, there are hundreds of activities that Scouting offers. There are fun and exciting activities and opportunities in each of the sections: Beavers (ages 6–8); Cubs (ages 8-10½); Scouts (ages 10½–14); Explorer Scouts (ages 14–18)

Service Charge: No

2nd Farnborough Scout Group

Telephone: 01276 502273

E-Mail: skardeycat@yahoo.co.uk

Website:

Scouting activities - please contact us for membership details and how you can get involved.

Service Charge:

2nd Frimley Scouts

Telephone:

E-Mail: gsl@2ndfrimleyscouts.org.uk

Website:

Scouting activities - please contact us for joining details and how you can get involved.

Service Charge:

4th Aldershot Scouts

Telephone: 01252 674758

E-Mail: rachelthomas@4thAldershotwebs.org.uk

Website:

Please contact us for details of our meetings and activities.

Service Charge:

5th Farnborough Scouts

Telephone: 01252 542289

E-Mail: Tresmith28@gmail.com

Website: <http://scouts.org.uk/get-involved/groups/5th-farnborough#&panel1-1>

Scouting provides activities and skills for young people aged from 6 - 25. Please contact us for details of our meetings and activities. Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives. From camping and hiking to surfing and paragliding, there are hundreds of activities that Scouting offers. There are fun and exciting activities and opportunities in each of the sections: Beavers (ages 6–8); Cubs (ages 8-10½); Scouts (ages 10½–14); Explorer Scouts (ages 14–18)

Visit our website: <http://www.5thfarnboroughscoutgroup.co.uk/#!/new-page/c1hg9>

Service Charge: No

7th Farnborough Cub Scouts

Telephone: 01252 662312

E-Mail: draweus@yahoo.co.uk

Website: www.7thfarnboroughscouts.co.uk/

Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives. From camping and hiking to surfing and paragliding, there are hundreds

of activities that Scouting offers. Cubs are for young people 8 to 10½ years of age.

Service Charge: No

8th Aldershot (Church of Ascension) Scout Group

Telephone: 01252 659688

E-Mail: akelalynnette@hotmail.co.uk

Website:

Scouting activities in Aldershot - Please contact us for more information. Adventure is at the heart of everything we do. It is the single most important thing that sets Scouts apart. Through the everyday adventure of Scouting, young people and adult volunteers regularly experience new challenges that enrich their lives. From camping and hiking to surfing and paragliding, there are hundreds of activities that Scouting offers. There are fun and exciting activities and opportunities in each of the sections: Beavers (ages 6–8); Cubs (ages 8-10½); Scouts (ages 10½–14); Explorer Scouts (ages 14–18)

Service Charge: No

Blackwater Valley District Scouts

Telephone: 01252

E-Mail: emma.buckett@bvscouts.org.uk

Website:

Scouting for young People - Please contact us for more information and how to get involved.

Service Charge: No

Women's Group

Catholic Women's League (CWL)

Telephone: 01252 584940

E-Mail:

Website:

Please contact us for details of our meetings and activities.

Service Charge:

Mytchett Vale Womens Club

Telephone: 01252 679312

E-Mail:

Website:

Please contact us for further information on our activities

Service Charge: No

Tilly Widgets (Women's Institute)

Telephone:

E-Mail: tracey.bridgman@ntlworld.com

Website:

We are a local, modern organisation Women's Institute for the women of Farnborough and surrounding areas. We provide a valuable service of friendship, fun, charity work and a sense of being part of the community. Please contact us for more information.

Service Charge:

Townswomen's Guild (Aldershot Manor)

Telephone: 01252 328319

E-Mail: angela.brown130@ntlworld.com

Website:

To advance the education of women irrespective of race, creed or part in the principles of good citizenship to enable them to make the best contribution towards the common good. To help provide facilities for

recreation and leisure in the interests of social welfare to improve their conditions of life.

Service Charge: Yes

Townswomen's Guild (Farnborough Central)

Telephone: 01252 516663

E-Mail: fctg1928@yahoo.co.uk

Website:

Outings, speakers, 'socials', craft, walking etc.

Service Charge: Yes

Women's Graduate Circle

Telephone: 01252 515773

E-Mail: claire@the-howes.co.uk

Website:

Our aim is to provide friendship and intellectual stimulation to our members. Our members are women graduates living in the area.

Service Charge:

Youth Clubs

Capricorn Youth Club

Telephone: 01252 314851

E-Mail:

Website: <https://creatingfuturescharity.org/>

Youth: 12 - 16 years. A variety of activities. Please contact us for more details.

Service Charge: No

Creating Futures (The Gaming Zone)

Telephone: 01252 540279

E-Mail: tracy@creatingfuturesrushmoor.org

Website:

Service Charge: No

The Source

Telephone: 01252 333330

E-Mail: ellie.jones@thesourceforyou.co.uk

Website: www.thesourceforyou.co.uk

Working with young people is at the heart of everything we do because we are passionate about young people and all they have to offer. It is often said that young people are the future but we disagree - they are the here and now. Our purpose built and equipped Youth Cafe caters for young people aged 11-23 on a variety of different nights throughout the week. The Youth Cafe is a safe environment for young people to gather together, hang out and receive support, if needed, from The Source. Even if you don't come along to the cafe then you are sure to know our Detached Youth Workers, who are out and about in Rushmoor throughout the week. Through funding from Hampshire County Council we are able to deliver 4-6 sessions a week of Youth Workers being out in the local community, parks, high streets and schools.

Service Charge: No



Every effort has been made to ensure that information in this Directory is correct. If you have any comments or would like your information to be included in the next edition please contact Rushmoor Voluntary Services on 01252 540162 or email sue@rvs.org.uk THIS IS ONE OF A SERIES

RVS is supported by Rushmoor Borough Council and Hampshire County Council