



'Volunteers Do It Willingly'

This was the winning slogan in Hampshire Volunteer Centres' Volunteers' Week Poster Slogan Competition. The winning entry was submitted by Doreen Eames who volunteers at Moorgreen Hospital in West End, Southampton.

The judges particularly liked the way it tied in with the 'Do-It' website www.do-it.org.uk which is the national database of volunteering opportunities in the UK".

Hampshire Volunteer Centres were overwhelmed with entries, receiving nearly 200 suggestions. The second prize was awarded to Sherianne Gooden-Husbands for 'Volunteer – We all have something to give' and the third prize was won by Adam Marsden for 'Give a little, gain a lot'.

All three slogans have been printed on Hampshire Volunteer Centres' marketing leaflets and will be used on the network's website www.hampshirevolunteers.org.uk.

Locally, Rushmoor Volunteer Centre had two promotional stands—one in the Wellington Centre, Aldershot and the other in Princes Mead, Farnborough. The stands highlighted the huge contribution volunteers make to Rushmoor and also aimed to inspire others to consider volunteering. A lot of people stopped to find out more - from students looking to fill the summer holidays to people who had a few hours a week to spare. Semi-retired and retired people also showed an interest—some had thought about volunteering but never taken it further. Interest was shown in a number of opportunities including our "Blooming Marvellous" Garden Project, Hampshire Constabulary and Parkside. If you would like more information on volunteering or if your organisation would like to promote volunteering opportunities locally, please contact Marie Jarvis, Volunteer Centre Coordinator on 01252 540162 or email rushmoorvolunteers@rvs.org.uk.



The photograph shows Marie Jarvis, the RVS Volunteer Centre Co-ordinator passing information to an eager volunteer!



Rushmoor Voluntary Services

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Community Mental Health Worker (part time)
Innovations Development Worker

Dial-A-Ride Drivers

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Dennis Tweed

Place Court and Age Concern Driver

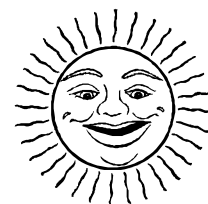
Des Grumley

Volunteer Centre Gardening Project

Hazel Chant

Call & Go Drivers

Caroline Morgan
Nigel Smalley
Bob Anderson



NEW MEMBERS

We extend a warm welcome to the following groups who have become members of RVS over the last few months:

Air Training Corps.

Farnborough Deaf and Signing Club

First Partnership Ltd.

Honour-Our-Troops

Kingsley Court

Pinewood Family Group Pre-School

Sycamore Children's Centre

ASSOCIATE MEMBERS

We also welcome the following group who has recently become an associate member of RVS:

3rd Bramshill Scout Group



I'm delighted to have been appointed as the Development Worker for the Community Innovations Team.

Innovations is the name of a Hampshire Countywide initiative. We work with older people in the community who are struggling to maintain their independence or require some support to lead a fulfilling lifestyle (but are not in crisis or in receipt of statutory support). The team for Rushmoor and Hart comprises two Occupational Therapists, a Social Worker and two Community Support Workers, all based at the Old Town Hall in Aldershot, plus the two Development Workers, Megan (based at Hart Voluntary Action) and myself. My job is to identify and support local voluntary sector groups providing services and support to older people, to identify 'unmet' needs and to help in the creation of new groups to fill any gaps in provision.

This role follows a 'career break' of four years and in that time I've continued to work in a voluntary capacity helping develop and facilitate the 'Spiritual Journeying' group in Camberley. I was also no stranger to the Community Centre here in Farnborough, having co-facilitated BRANCHES Mental Health Support Group for a few months following its re-launch in September 2009.

I know there's a lot going on for older people in the Rushmoor borough and I look forward to meeting our members as I map the existing services and begin to look at what's missing.

Trish Ellis
 Innovations Development Worker
 Tel: 01252 540162
 Email: innovations@rvs.org.uk

Blooming Marvellous Volunteers

took a well deserved break this month with a visit to 'Gardeners World Live' at the NEC in Birmingham. After an early start and to fortify us for the long day ahead, we enjoyed breakfast en route and thanks to Ian, our volunteer driver, arrived at the show on schedule, eager to take in the delights of the show.

We spent the morning visiting the 'Floral Marquee', the show gardens, stands selling everything you could think of for outdoor living, then settled down on 'Picnic Hill' for lunch and a stimulating talk from Pippa Greenwood on 'Growing Your Own' fruit and vegetables. The group enjoyed this so much that we decided to meet up at the same spot later on to listen to Alan Titchmarsh and pick up a few more ideas, and his autograph, to take back to our allotment in Aldershot!

But, first, we took in the 'Good Food Show' (literally, as there were many delicious foods to be tasted!), listened to Gardeners Question Time and learnt some interesting things about diversity in the garden.

A lovely day was had by all and a well earned rest taken the next day to recover!

Joan Giles— Placement Development Officer



Taking a break together

100 years of Guiding—"Best in Show"



Ecominds



Funding Opportunities

Funding Available from RVS!

Rushmoor Voluntary Services manage three grant programmes where small grants are available to organisations working in the Rushmoor area. The Trustees meet quarterly to consider applications. Details of the programmes are as follows:

The Army Catering Corps in Rushmoor - grants are available to support charitable purposes in the Borough of Rushmoor. Recent grants have included: £100 to purchase a table tennis table for a group working with young people, £500 to a local special needs group for children to enable dance and drama activities during the school holidays and £200 to provide refreshments and activities for an older people's social group.

The Mrs Phillips Will Fund – grants are available to promote charitable purposes for the benefit of the community in the areas of Hart and Rushmoor, in particular the relief of poverty, distress and sickness. Recent grants have included: £300 to a group to develop a cookery and healthy living course, £500 to provide support to homeless young people and £500 to run a basic life skills course for young people.

Carers Respite Grants – grants are available to provide respite for carers. Grants are made to organisations and individuals. Recent grants have included: £500 to enable carers and children to visit London Zoo, £200 to enable disabled children to attend holiday activities, £300 to enable a family to have specific days out during the summer holidays and £150 for an autistic child to attend a play scheme.

Applications are invited in writing. Please outline what you would like the money for, how much you need and who will benefit. One of our aims is to ensure that as many people as possible benefit from our grants. Please send your application by letter, to: Greg Alexander, Chief Executive, Rushmoor Voluntary Services, The Community Centre, Meudon Avenue, Farnborough. GU14 7LE or email to greg@rvs.org.uk



Volunteering Grant Scheme

Hampshire County Council is offering a grant of up to £2,000 to voluntary sector organisations to enable an increase in the number of volunteering places. These should be available to unemployed people wishing to gain experience that will move them towards paid employment.

For further details and to apply, here is the link to the grants webpage:

<http://www3.hants.gov.uk/grants/edvolunteeringgrantscheme.htm>

Training Opportunities

Rushmoor Voluntary Services Training



Emergency First Aider at Work

Date of Course: Wednesday, 8th September 2010 9.00 am – 4.30 pm

Venue: Farnborough Community Centre, Meudon Avenue, Farnborough.

Cost: £40 per delegate

Trainer: Mr Roger James

Details:

- ä 'Emergency First Aider at work' is regulated by HSE and effectively replaces the Appointed Person Course
- ä Certification is valid for 3 years with HSE approval (No 38/04)
- ä Candidates will receive:
 - Training from an accredited trainer
 - A Resource Pack
 - First Aid Manual
 - Two Certificates (one A4 size and one credit card size)
 - All relevant handouts and face-shield

Places are strictly limited. To book a place – please call Greg Alexander on 01252 540162 or email: greg@rvs.org.uk

FREE ONE TO ONE COACHING

Women's Wisdom are providing FREE one to one business coaching for anyone based in the South East who is thinking about starting their own business or looking for a job. Candidates need to be currently unemployed (whether they claim benefits or not) or working less than 16 hours each week. They need to be aged over 19.

The coaching project is due to end in September, so people will need to get in touch soon to get the most benefit. You can enrol by calling FREE (from a landline) on 0800 781 8597 or text SEED to 07833 205 560 or email Claire Cutler-Casey: claire@womenswisdom.co.uk. Coaching is a brilliant way to access friendly and confidential support that will enable you to put your plans together, bounce ideas around and get your ideas moving. Women's Wisdom Coaches are SFEDI accredited which means you can be sure you are receiving professional confidential support that will be useful and accessible.

Website: www.womenswisdom.co.uk



CENTRE OF EXCELLENCE
ENTERPRISE KNOW-HOW FROM ENTERPRISING PEOPLE



Don't Let Your Bid Go in the Bin!

This is a headline from a recent news bulletin from the Directory of Social Change (DSC), to highlight their "Great Giving" Campaign, which aims to improve the relationships between funders and recipients of funds.

Recent research carried out by DSC with 2,500 grant-making trusts found that for the latest financial year, over one-third of all applications to charitable grant-makers were **ineligible** – a total of 361,000 applications! DSC has calculated that this amounts to around £141,000 in 1st class postage alone! These are not project bids that were not up to scratch or could not be funded due to lack of money, but bids that did not meet the funder's stated criteria.

Further information about the Great Giving campaign and how funders and grant applicants can work better together can be found at the DSC web-site: <http://www.dsc.org.uk> but here are some tips for applicants from one of their campaign reports on Ineligible Applications:

- R **Read the guidance** – it's there for a reason (if there isn't any, ask for some).
- R **If the guidelines don't make sense, or you are not sure whether you might be eligible:** try to speak to the funder about your questions and what they are looking for.
- R **Do your research:** it is really worthwhile to spend enough time trying to find a funder which is right for you. Fundraising appeals which begin with "I know you don't usually fund this ..." are unlikely to succeed.
- R **Do not send blanket appeals:** they mean that funders have less time to give proper bids the consideration they deserve.
- R **Ask questions:** if you are not sure if you're eligible, especially if the application process is informal (i.e if there isn't a standard form).
- R **Ensure that your application is clear, concise and as jargon-free as possible:** trusts are unlikely to know what you are asking for in unclear language.

This is all sound advice that you would receive from your Council for Voluntary Service (CVS) community development worker too, so please do contact Rushmoor Voluntary Services if you are not sure you are targeting the right types of grant-making trusts, or if you would like us to cast a (constructively) critical eye over your funding application before you stick that first class stamp on the envelope.

You can feed back to the DSC by contacting them on greatgiving@dsc.org.uk but why not contact us too with your good and bad experiences of applying to grant-makers; all useful information we can share with others. If you are not sure who your local CVS is, then go to: www.hantscvs.org.uk and check out the map on the front page.



Are you a voluntary organisation, community group or club serving Hampshire and the Isle of Wight?

Add your details today to the *e.VOLve* directory and improve your profile.

Visit www.e.volve.org.uk

By bringing information about community and voluntary organisations together in one place, it will be easier for the public to find the service they are looking for and it will become clear just how great a contribution our local voluntary and community groups are making.

e.VOLve is a partnership project. Rushmoor Voluntary Services and other CVS' in Hampshire are playing a major role in its development. During the last year almost all of RVS' members have become signed up and now appear on the website. This means that more people will know about the services your group has to offer.

We would like as many groups as possible to be promoted and are keen to hear from you if you would like to appear on the *e.VOLve* website directory.

You can either register on www.evolve.org.uk or call the *e.VOLve* team on 0845 600 4373 their email address is:
e.volve@hants.gov.uk

Hampshire Independent Equality Forum

The next meeting of the Hampshire Independent Equality Forum entitled "Empower yourself!" will take place on Wednesday, 21st July 2010 from 9.30 a.m. to 1.00 p.m. at Carnival Hall in Basingstoke.

The event is for diverse individuals and voluntary and community organisation representatives (VCOs). It is FREE to attend and lunch is provided. Activities include:

- ä Update on Forum progress and feedback from the "Making Change Happen" event held in April
- ä Empowerment training—how to challenge and influence (aimed at individuals and representatives from Vcos, who can use the learning gained to train their organisation's members)*
- ä Presentations from expert speakers about race equality and empowerment

*on the day the trainer will also talk about the possibility of 1:1 empowerment coaching in the summer.

For more details about this event and the Forum, please email:
jane.rawlins-mateus@action.hants.org.uk



Two new Transport Services for RVS!

Following changes to the old Hart Call & Go transport service – two new shopping services are available for people in Hart District. The new services will be operated by Rushmoor Voluntary Services.

If you struggle to use an ordinary bus service or there is no bus stop close to your home, then these services may be just for you! You will be picked up and returned to your home at a very reasonable cost.

Fleet Link—This service operates in: Fleet, Church Crookham, and Elvetham Heath and operates from Monday to Saturday. This service is funded by Hampshire County Council, Fleet Town Council and Church Crookham Parish Council.

Hart Shopper—This service covers Hartley Wintney, Hook, Odiham, Dogmersfield, Yateley and Eversley and operates at set times on a range of days to Fleet, Basingstoke and Camberley. The Hart Shopper is funded by Hampshire County Council.

These services are in addition to Rushmoor Dial-a-Ride operated by RVS. We are keen to enable as many people as possible to have accessible transport and to be able to travel to and from the shops at convenient times.

To make a booking or for more information, please call Hampshire County Council on
0845 602 4135

Hulya Turkish School

The Hulya Turkish School are a new voluntary group working in Rushmoor. We are looking for new people to join our activities. We meet regularly at Connaught School in Aldershot. Information on our project is below:

- * The school has recently been established by volunteer parents in Hampshire. Its aim is to help children in the Turkish community get in touch with their cultural heritage and learn their mother tongue.
- * The school offers courses alongside the National Curriculum leading to qualifications in GCSE, AS and A2 Level Turkish, which are taken in addition to mainstream school examinations.
- * The school is staffed by professional, qualified teachers that have been employed by the Turkish National Education Office.
- * The school offers support on mathematics and science to students from different backgrounds regardless of their race and origin.
- * The school is open on Saturday and Sunday from 10.00 a.m. to 3.00 p.m. Morning instruction is focused on academic learning and the afternoon session is focused on the teaching of traditional Turkish folk dancing and Turkish music lessons.
- * The school is not for profit. Fees are required to cover the cost of the school's expenses and can vary depending on the number of students attending each session. Approximate fees are £7 per session.
- * Register your place for September 2010.

If you have any questions, please contact: Mr Hasan Turacli or Mr Brain Bennett on:
 Tel: 07886281161 or 07772288935. Email: aylaturacli@hotmail.com
 Connaught School, Tongham Road, Aldershot, Hampshire, GU12 4AS



When does old age start?

For Hampshire County Council Older People's Well-Being Team and our public and voluntary organisation partners, this is one of a number of questions on which we would like to know your views.

Four years ago you told us what was important to enable older people to stay independent in their own homes, with a positive quality of life. Using everything you told us we produced an Older People's Well-Being Strategy. Working with our many local partners we have since been focusing on the areas you said were important.

So for example – you told us you needed easy access to information on activities happening in your area. The Older People's Area Link Project (OPAL) has been established with Age Concern Hampshire to help provide this, simply by phoning freephone number 0800 328 7154.

This Strategy is now due for renewal – 'refreshing' as we are calling it. To make sure we continue to concentrate on the key issues that are most important we again need the views of as many Hampshire people as possible. We have produced a questionnaire for older people and interested parties to complete to tell us what are their top priorities.

So how can you have your say?

Simply contact David Harris on 01962 847982 or email david.harris@hants.gov.uk and ask to receive copies of the questionnaire "Tell us what you think!" Then return it to a freepost address by Friday 24th September 2010.

Or go to www.hants.gov.uk/bettertime and complete a copy online.

IF YOU HAVE ANY QUESTIONS
CONCERNING HAMPSHIRE PLEASE CONTACT
THE FOLLOWING:

HAMPSHIRE INFORMATION CENTRE
VISIT US AT FARNBOROUGH LIBRARY OR
TELEPHONE HANTSDIRECT ON 0845 603 5638



Information

New County Domestic Abuse Website

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Please find below details of the new Domestic Abuse website which has recently been launched by the Hampshire Domestic Abuse Forum and Hampshire Constabulary. There are two faces to the site:

A public site with information and advice for: victims of abuse; their families/friends/colleagues; children and young people affected by domestic abuse; perpetrators of abuse and people experiencing honour based violence (including forced marriage). There is also an interactive map of services to so that people can see what support they can access locally.

The link for this site is:
www.hampshiredomesticabuse.org.uk

A professionals site aimed at any professional working either directly or indirectly with families where there is domestic abuse. This site aims to provide professionals with information, guidance and tools on a huge range of topics, including risk assessment, MARAC, information sharing, training and events, honour based violence, publicity tools, statistics and a resources directory, etc. This site has a login function, so all you will need to do is register your details and you will be given free access to the site—www.hdaf.org.uk

Apparently there have been a few teething problems and technical hitches with the login site for professionals! The developers have been working hard to resolve these as quickly as possible. If you have problems, please contact:

Jude Rudock-Atcherle
Strategic Domestic Abuse Manager
Adult Services
Hampshire County Council
Mobile: 07540 238139
Tel: 01962 832172



Rushmoor Voluntary Services
exists to serve all the communities of Farnborough and Aldershot

Independent Safeguarding Plans Halted!

Many of you will have read that there has been a major announcement on the planned new Independent Safeguarding Authority (ISA) legislation. For the benefit of our members who may need clarification on the subject we have published below the latest statement on the matter. This is taken from the ISA website. We will keep you advised on further developments.

In its recent document *'The Coalition: Our programme for government'*, the Government set out its aim to 'review the criminal records and vetting and barring regime and scale it back to common sense levels'. In order to deliver this promise and carry out the remodelling, the Vetting and Barring Scheme will be halted. The first phase of registration was due to commence on 26 July 2010. Although the Scheme is halted whilst the Government undertakes its review, new safeguarding regulations introduced in October 2009 continue to apply. These include:

- o *A person who is barred from working with children or vulnerable adults will be breaking the law if they work or volunteer, or try to work or volunteer with those groups.*
- o *An organisation which knowingly employs someone who is barred to work with those groups will also be breaking the law.*
- o *If your organisation works with children or vulnerable adults and you dismiss a member of staff or a volunteer because they have harmed a child or vulnerable adult, or you would have done so if they had not left, you must tell the Independent Safeguarding Authority.*

In October 2009, the right to ask for an enhanced CRB disclosure was extended to all those who employ or use volunteers in types of activity called 'Regulated Activity'. This right remains, and you should continue to carry out appropriate pre-recruitment checks, including CRB checks where appropriate or required by law.

The Independent Safeguarding Authority will continue to carry out its work as an independent decision making body as well as continuing to maintain the barred lists. They will also continue to accept referrals, full guidance on which is available here.

For further information, please contact the VBS Contact Centre on 0300 123 1111.

I hope this information is helpful to you. If you need any further information and advice, I am happy to meet with groups to discuss this important subject.

Greg Alexander
Chief Executive

What's On?

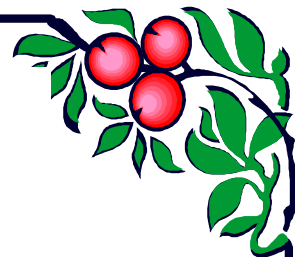
DATES FOR YOUR DIARY!

Voluntary Sector Forum

Wednesday, 22nd September

Wednesday, 15th December

The above meetings will take place in Rushmoor Borough Council offices, Committee Room 1 starting at 9.45 a.m.



**Once you have read this
Newsletter, please pass on to
other members and colleagues
within your club or organisation.
Many thanks.**

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