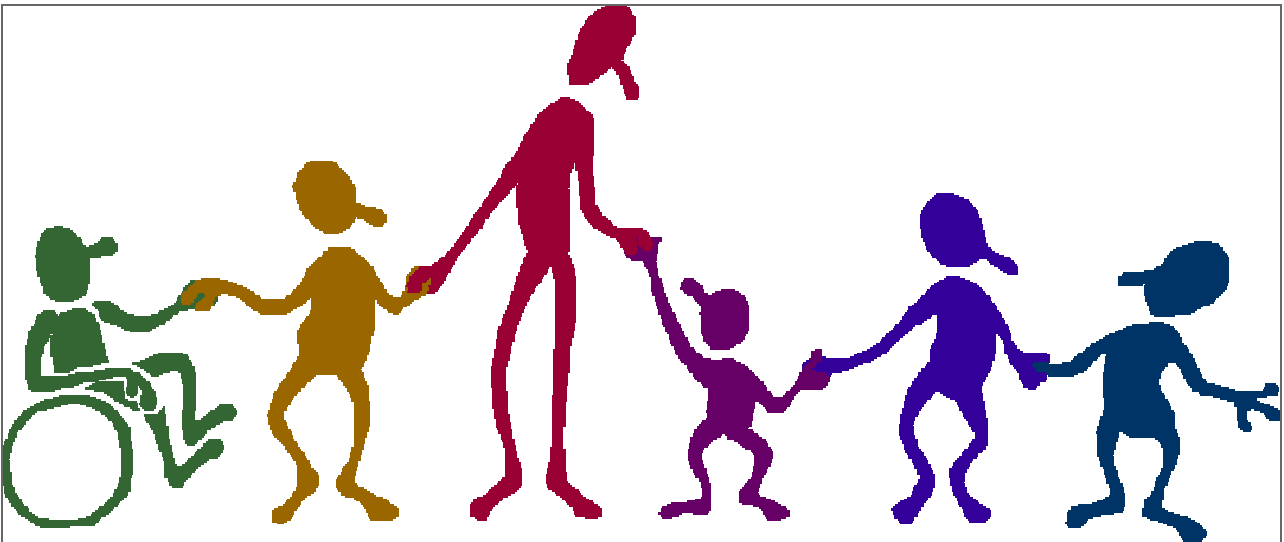




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# Disability Directory



*This publication is designed to draw together details of the wide range of organisations who offer support and services to members of the community who may need assistance in improving their quality of life*



# NOTES

This is the Third edition of the directory and it is aimed to draw together a list of contacts for individuals, their families and carers.

It is aimed to assist in improving the quality of life for individuals who may have some difficulties.

If you are aware of any other voluntary support Group that offers services to help people suffering from any condition that inhibits their lifestyle - please ask them to contact the author (*address below*) so that they can be included in the next issue.

Further copies, including in a large print format, are available by contacting the Rushmoor Access Group (*contact details below*)

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Rushmoor Access Group**

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	Any errors, omission or additions to	
	this directory should be notified to:	
	The Administrator,	
	The Rushmoor Access Group	
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**Working together to provide accessibility for all.**

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## **Aldershot Riding for the Disabled Association**

Contact	Mrs Rachel Plumbe
Address	Cron dall House, Crookham Village, Fleet, Hampshire GU51 5SY
Telephone	01252 850282
E-mail	rachelplumbe@googlemail.com
Website	n/a
Meeting Address	n/a
Services provided	Therapeutic riding for disabled children
Potential users	Children with physical and learning difficulties. Must be able to walk with help and be under 7 stone in weight. Information from a medical professional may be required.

## **Alzheimer Cafe UK**

Contact	Kandy Redwood
Address	Adult Services, The Old Town Hall, Grosvenor Road, Aldershot, Hampshire GU11 3DP
Telephone	07742 699 930
E-mail	alzheimercafe@hotmail.co.uk
Website	www.alzheimercafe.co.uk
Meeting Address	St. Peter's Parish Centre, Church Avenue, Farnborough, Hampshire GU14 7AP
Services provided	For all people with dementia, their carers, family members and professionals to come together once a month, third Friday between 7.30pm and 9.30pm to meet people who are 'all in the same boat'. Families and professionals can share experiences, feelings and discuss issues that surround the dementia process in a relaxed and safe environment. There's a monthly presentation, on a rolling programme, about an aspect of dementia and feelings. Literature, education, emotional and practical.
Potential users	People with dementia, their carers, family members and health and social care professionals.

## Alzheimer's Society, Blackwater Valley

Contact	Mrs Hilary Dyce
Address	Suite 2, Stuart House, Plantation Row, Camberley; Surrey; GU15 3ER
Telephone	01276 670071
E-mail	blackwater@alzheimers.org.uk
Website	alzheimers.org.uk
Meeting Address	n/a
Services provided	Monthly Support Groups (Aldershot, Fleet and Sandhurst), Singing for the Brain (Hartley Wintney) Lending Library, Dementia Support Worker for one-to-one support,
Potential users	People with Dementia, their carers and families. Professionals in health and social care.

## Accessible Boating Association

Contact	Ann Paine
Address	52 Kings Road, Fleet, Hampshire GU51 3AQ
Telephone	01252 614125 or Boating Manager - 01252 622520
E-mail	secretary@accessibleboating.org.uk
Website	www.accessibleboating.org.uk
Meeting Address	n/a
Services provided	One day boat (for up to 12 people) and one holiday boat (for up to 7 people). Both boats have access ramps and lifts for wheelchairs. A "steerer" is provided for the Day Boat if required.
Potential users	Any disabled individual or group. Carers are expected to accompany them.

## **Aldershot Neighbourcare**

Contact	Kathleen Beauchamp - Co-ordinator
Address	258 Lower Farnham Road, Aldershot, Hampshire GU11 3RB
Telephone	01252 344244
E-mail	n/a
Website	n/a
Meeting Address	n/a
Services provided	Transport for the elderly, unable to use public transport
Potential users	As above

## **Basingstoke & District Disability Forum**

Contact	Paul Midgley
Address	The Orchard, White Hart Lane, Basingstoke, Hants, RG21 3EQ
Telephone	01256 423869
E-mail	disabilityforum@voluntaryservices.com
Website	www.voluntaryservices.com
Meeting Address	Deanes Building, Basingstoke & Deane Borough Council, Civic Offices, Basingstoke, RG21 4AH
Services provided	Awareness Days, monthly Access Group Meetings, Bi-monthly Steering Group Meetings, Social Events, Social Network, News and Views The Forum works in partnership with voluntary and statutory organisations to ensure local disabled people have a voice in the decisions that affect them
Potential users	Anyone with an interest in issues affecting people with disabilities.

## **Blackwater Valley Countryside Trust**

Contact	Mr D Pilkington
Address	Ash Lock Cottage, Government Road, Aldershot, Hampshire, GU11 2PS
Telephone	01252 331353
E-mail	dm.pilkington@talktalk.net
Website	www.bvct.org
Meeting Address	As above Address
Services provided	We promote the conservation, protection and improvement of the physical and natural environment of the Blackwater Valley
Potential users -	Everyone who enjoys open spaces, walks, talks and volunteering opportunities

## **Blackwater Valley Stroke Support Group**

Contact	Lesley Gaudin , Secretary
Address	41a Theobalds Way, Frimley, Surrey, GU16 9RF
Telephone	01276 682901
E-mail	lesley.gaudin@googlemail.com
Website	n/a
Meeting Address	Elles Hall Community Centre, Meudon Avenue, Farnborough, GU14 7LE on Monday mornings from 10am to 12 noon
Services provided	Our volunteers work on a one to one and in groups with our members and help improve their communication skills, their independence and self esteem. We also have regular exercise classes, gardening workshops, demonstrations, speakers and outings. We are a self funding group and members currently pay £3 a morning to attend.
Potential users	We provide support to people who have suffered from a stroke and have poor communication skills, lack of confidence and poor mobility .We also support the carers and families of our members.

## **Broadhurst Community Access Project**

Contact	Mrs Tracy Bowden
Address	c/o RVS, Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
Telephone	direct line 07894 606244 or 01252 540162
E-mail	broadhurstcap@hotmail.co.uk
Website	www.rvs.org.uk
Meeting Address	n/a
Services provided	<p>To support people who have mental health issues. Working with people to look at what the community has to offer and to help them improve a better quality of life.</p> <p>This can include support to find accommodation, join a gym, access community groups, attend college and looking at volunteer opportunities.</p>
Potential users	Anyone living in Aldershot, Farnborough and Fleet and who are not receiving support from any other agencies with regards to their Mental Health

## **Camberley District Open Mind Association**

Contact	Jeanette Scott
Address	n/a
Telephone	01252 878205
E-mail	jeanetteescott532@gmail.com
Website	n/a
Meeting Address	Frimley Green Football Club, Frimley Green Recreation Ground, Frimley Green Road, Frimley Green, Camberley, Surrey GU16 6JY
Services provided	<p>Day Centre: Tuesday 10.00am to 12.00 pm Thursday 10.00am to 12.00 pm Friday 10.00am to 1.00 pm</p>
Potential users	People with mental health problems

## Contact A Family

Contact	Cay Byford
Address	n/a
Telephone	01252 545345
E-mail	cay.byford@cafamily.org.uk
Website	cafamily.org.uk
Meeting Address	n/a
Services provided	Information an advice for all parents and carers (including professionals) of all children with disabilities
Potential users	All disabilities affecting children

## Diabetes UK, Blackwater Valley Voluntary Group

Contact	Colin Rowe
Address	72 Tudor Drive, Yateley, Hampshire GU46 6DF
Telephone	01252 655963
E-mail	rowe72@ntlworld.com
Website	n/a
Meeting Address	n/a
Services provided	Information on Diabetes - we have speakers at out general meeting. We give advice, help & support wherever possible and issue a regular group newsletter
Potential users	People with diabetes or their carers and relatives. Some of our members do not have diabetes but are husbands / wives who have diabetes. Also run a children's group.

## Disability Challengers

Contact	Paul Wilson
Address	Disability Challengers Farnham, St. James Avenue, Farnham, Surrey GU9 9QF
Telephone	01483 230571
E-mail	paulwilson@disability-challengers.org
Website	www.disability-challengers.org
Meeting Address	n/a
Services provided	We provide play and leisure for disabled children and young people aged 2 - 25. This includes playgroups, after school clubs, youth evenings and weekend and holiday play schemes.
Potential users	We are open for any disabled young person. We would not exclude someone because of their impairment

## Dyspraxia Foundation

Contact	Della Shanahan
Address	Dyspraxia Foundation Surrey; c/o Voluntary Action Elmbridge; Resident's House; Community Walk; Esher; Surrey KT10 9RA
Telephone	01372 702984 Monday to Friday - 9.30am to 5pm; & 7.30 to 8.30pm Saturday - 10.30am to 5pm
E-mail	info@dyspraxiasurrey.org.uk
Website	www.dyspraxiasurrey.org.uk
Meeting Address	variable
Services provided	Our Group, which has no county boundaries, provides a bi monthly support group meeting for parents of children with dyspraxia (also sometimes called DCD), support group meetings for adults with dyspraxia, a regular monthly newsletter and a direct line for telephone support.
Potential users	Parents/carers with a dyspraxic child of any age and any adult (18 years +) who has dyspraxia whether diagnosed or not.

## **The Elders Club, Age Concern, Aldershot**

Contact	Linda Thompson
Address	Place Court, Pool Road, Aldershot, Hampshire GU11 3SW
Telephone	01252 324279
E-mail	eldersclub@gmail.com or linda.thompson100@ntlworld.com
Website	n/a
Meeting Address	Place Court, Pool Road, Aldershot, Hampshire GU11 2SU
Services provided	Lunch Club - Tuesdays & Thursdays
Potential users	The club is for the able bodied over 60's

## **Farnborough & District Speakability Group**

Contact	Mrs Jan Thompson
Address	20 Rorkes Drift, Mytchett, Camberley, Surrey, GU16 6EQ
Telephone	01252 515898
E-mail	jan243@btinternet.com
Website	n/a
Meeting Address	Farnborough Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
Services provided	Social Group for stroke people and carers
Potential users	Apshia, Stroke problems, communication and returning to social skills

## **Farnborough Talking Newspaper**

Contact	Tricia Nutt
Address	353 Farnborough Road, Farnborough, Hampshire GU14 8AY
Telephone	01252 540865
E-mail	farnborough_tnc@ntlworld.com
Website	n/a
Meeting Address	n/a
Services provided	Access to local newspapers for the visually impaired via recorded medium (primarily tape cassette)
Potential users	Visually Impaired

## **Farnborough & District Parkinson's Disease Society**

Contact	Mrs Lyn White (Secretary)
Address	1 Bell Close, Farnborough, Hampshire GU14 8BS
Telephone	01252 657027
E-mail	n/a
Website	n/a
Meeting Address	Shawfield Day Centre, Shawfield Road, Ash
Services provided	Help & support of people with Parkinson's and their carers - on a social level. Meetings held monthly - 3rd Tuesday from 7.30 pm to 9.30 pm
Potential users	People with Parkinson's and Carers

## **Farnborough Multiple Sclerosis Society**

Contact	Mrs Patricia Everard
Address	“Red Tiles”, 15 Manor Road, Farnborough, Hampshire GU14 7EX
Telephone	01252 655417
E-mail	patricia_everard@hotmail.com
Website	n/a
Meeting Address	n/a
Services provided	Respite Care, Transport, Support, Social Activities
Potential users	All folk with MS and those affected by MS

## **Farnborough Deaf & Signing Club**

Contact	Judith Hilary
Address	c/o Elles Hall Community Centre, Meudon Avenue, Farnborough GU14 7LE
Telephone	0788 6013181
E-mail	judithhs@hotmail.com
Website	n/a
Meeting Address	Elles Hall Community Centre. Generally the 2nd Friday of the month at the community centre from 7 till 10:30pm but some variations do occur please contact Secretary for full programme details
Services provided	Social gathering for deaf and BSL users
Potential users	Those who are deaf or use BSL

## **Farnborough NeighbourCare**

Contact	Terri Willcocks
Address	NeighbourCare, The Triangle, 64 Kingsmead, Farnborough, Hampshire GU14 7SL
Telephone	01252 371199
E-mail	neighbourcare@ntlworld.com
Website	n/a
Meeting Address	n/a
Services provided	Transport to medical appointments, mainly for older people, who are unable to use public transport
Potential users	Mainly older people who are unable to drive themselves or use public transport services

## **Farnborough & Cove War Memorial Hospital Trust Ltd**

Contact	Mrs Eve Smith - Residential & Short Stay Mrs Heather Sim - Day Care
Address	Devereux House, 69 Albert Road, Farnborough, Hampshire GU14 6SL
Telephone	01252 512967
E-mail	admin.devereux@btconnect.com
Website	www.devereuxhouse.hampshire.org.uk
Meeting Address	As above
Services provided	Residential care & Respite and also provide a day care centre. .
Potential users	This is for elderly care only

## **Farnham and Alton Talking Newspapers (also Fleet &**

Contact	Tony Ostime
Address	Farnham and Alton Talking Newspapers, Block 103-117, The Chantry, Farnham, Surrey, GU9 7QA
Telephone	Tony Ostime - 01252 721312 or office 01252 719266 - manned by volunteers 10am - 12noon Monday to Friday, or on answerphone
E-mail	tony.ostime@care4free.net
Website	farnhamaltontn.co.uk
Meeting Address	n/a
Services provided	Free weekly recordings (up to 80 minutes long) of local news, plus monthly magazine of more general items of interest. Provided on either CD or memory stick. Four areas are covered, based around Farnham, around Alton and Bordon, around Fleet, Odiham and Aldershot, and around Haslemere, Liphook and Hindhead.
Potential users	Anyone registered as visually impaired.

## **Guide Dogs for the Blind (local branch)**

Contact	Sarahjane Commarford
Address	51 Fellows Road, Farnborough, Hampshire GU14 6NU
Telephone	01252 375216
E-mail	sarahjane@commarford.freemove.co.uk
Website	n/a
Meeting Address	n/a
Services provided	Fund raising, talks and promoting awareness of the charity
Potential users	Blind and partially sighted people to get help with mobility, either with a Guide Dog or long cane etc...

## Hart Herons Disabled Swimming Club

Contact	Carole Johnson - Hon Secretary
Address	12 Trefoil Close, Hartley Wintney, Hook, Hampshire RG27 8TS
Telephone	01252 842859
E-mail	pgj@waitrose.com
Website	n/a
Meeting Address	Hart Leisure Centre, Hitches Lane, Fleet, Hampshire GU51 5HS
Services provided	Recreational swimming for disabled people and their families. Sundays 5.00pm to 6.10 pm
Potential users	All types of disability are supported. Hoist available for entry to main pool

## Hook Creative Art Group

Contact	Emma Barnard
Address	Hart Neighbourhood Centre, Dickson House, London Road, Hook, RG27 9DJ
Telephone	01256 760800
E-mail	emma@hartnc.org
Website	www.hartnc.org
Meeting Address	As above
Services provided	Hook Creative Art Group. Fortnightly on a Friday. 10am – 12noon.
Potential users	This free group is for people who have or who are suffering from a physical disability or mental health issues. It is an opportunity for them to relax and enjoy doing their own form of art whilst enjoying company and conversation with like minded people, with the support of a volunteer artist.

## Independent Complaints Advocacy Services - Basingstoke

Contact	George Bayliss, Team Manager
Address	Clarendon House, 9-11 Church Street, Basingstoke, Hampshire RG21 7QG
Telephone	01256 463758
E-mail	basingstoke.icas@seap.org.uk
Website	www.seap.org.uk/icas
Meeting Address	n/a
Services provided	Advocacy support for people making a complaint about any NHS care (hospital, ambulance, GP, dental etc) – providing information, helping with letter writing, supporting at meetings etc
Potential users	Anyone living in Surrey, Hampshire and the Isle of Wight, who needs to make an NHS complaint can telephone the office to request help. ( <i>Other areas are covered by other offices and we can provide contact numbers.</i> )

## Insight

Contact	Sarah Lees
Address	n/a
Telephone	01252 332684
E-mail	n/a
Website	n/a
Meeting Address	Willems Park (Brewers Fayre nr Tesco's), Aldershot
Services provided	Monthly meeting ( last Monday of the month) from 8.00 pm. For Parents of ASD children ( <i>please ring to confirm first</i> )
Potential users	Parents of children with Autistic Spectrum Disorders

## Hampshire Lupus Group

Contact	Tina Stemp
Address	36 Gillian Avenue, Aldershot, Hampshire GU11 4HT
Telephone	01252 323987
E-mail	tina.stemp@tiscali.co.uk
Website	<a href="http://lupusuk.org.uk">lupusuk.org.uk</a>
Meeting Address	Twyford Parish Hall, Twyford, Winchester
Services provided	Contact and support for people with Systemic Lupus Erythematosus
Potential users	Systemic Lupus Erythematosus (SLE) Discoid Lupus Sun sensitivity sufferers

## MS Support & Therapy Group (Farnborough & District)

Contact	Andrea Ballard
Address	n/a
Telephone	01252 616451
E-mail	<a href="mailto:mssupport@virginmedia.com">mssupport@virginmedia.com</a>
Website	<a href="http://www.mssupport.org.uk">www.mssupport.org.uk</a>
Meeting Address	Farnborough Community Centre, Elles Hall, Meudon Avenue, Farnborough Hampshire GU14 7LE
Services provided	Meetings, most Thursday mornings for tea, coffee, lunch; a therapy session (yoga, fitness exercises, {seated} shoulder massage, reflexology or Reiki. Chat + fun + laughter. Plus, once a quarter, a visit to a local place of interest.
Potential users	Those with MS (multiple sclerosis). Members include those in wheelchairs or who use walking frames / scooters, sticks or walk unaided. Mixed Group.

## **National Autistic Society - Hart & Rushmoor**

Contact	Nikki Smith
Address	118 Fernhill Road, Farnborough. Hampshire GU14 9DR
Telephone	01252 694934
E-mail	nikki@nashandr.org
Website	www.nashandr.org
Meeting Address	Various
Services provided	We hold regular coffee mornings for parents and carers of those on the autistic spectrum. During school holidays we run activities for families with autistic children to come and have fun together and on alternate Saturday's we run NAS Gaming Zone sessions for families to come along and play at.
Potential users	Autistic Spectrum Disorders (ASDs) Aspergers Syndrome, High Functioning Autism + those with "traits" and similar conditions

## **Oak Farm Leisure & Activities Club ( OFLAC)**

Contact	Jan Tart - Co-ordinator
Address	Samuel Cody Specialist Sports College, Ballantyne Road, Farnborough, Hampshire GU14 8SS
Telephone	0778 778 3903
E-mail	n/a
Website	n/a
Meeting Address	Community Hall, Oak Farm Community School
Services provided	Monday & Friday leisure & activity. Group Promoting independence. Increasing confidence & life skills, making friends, Drama, Dance, Computers, Arts & Crafts
Potential users	Young adults with learning disabilities

## **Open Sight - Farnborough Branch**

Contact	W W Wright - Secretary
Address	79 Prospect Road, Farnborough, Hampshire GU14 8NT
Telephone	01252 665159
E-mail	billwwright@ntlworld.com
Website	n/a
Meeting Address	Blunden Hall, Blunden Road, Farnborough Hampshire
Services provided	Social Club - 2nd & 4th Mondays in the month @ Blunden Hall between 2.00pm & 4.00pm. Summer & Autumn outings - normally to the seaside. Christmas Lunch & New Year party. Transport to and from the Club; visiting @ home and "in hospital". Access to Open Sight's specialist services including daily living & benefits advice
Potential users	Those who are blind or visually handicapped in any way. They do not have to be formally registered to avail themselves of our services

## **Open Sight - Aldershot Branch**

Contact	Mrs Carol P Edgoose
Address	11 Highfield Avenue, Aldershot Hampshire GU11 3BY
Telephone	01252 322013
E-mail (HQ)	info@opensight.org.uk
Website (HQ)	www.opensight.org.uk
Meeting Address	Crossover, Holy Trinity Church, Aldershot
Services provided	Monthly Social Club. (3rd Monday in each month) Entertainment, outings, lunches, Christmas party. Transport to and from the Club. Access to Open Sight's specialist services including daily living
Potential users	For blind and visually impaired people'.

## Parents Action Group (PAG) for Special Play

Contact	Heather Chalkley
Address	6 Kempton Court, Farnborough, Hampshire GU14 0DT
Telephone	n/a
E-mail	info@pagforspecialplay.co.uk
Website	www.pagforspecialplay.co.uk
Meeting Address	n/a
Services provided	Termly - music, art dance & drama sessions for 9 to 16 year olds. Various activities for all special needs children
Potential users	All disabilities and special needs for children and young people

## Parity for Disability

Contact	Alison Cooper
Address	94 Whetstone Road, Cove, Farnborough, Hampshire GU14 9SX
Telephone	01252 375581
E-mail	info@parityfordisability.org.uk
Website	www.parityfordisability.org.uk
Meeting Address	Two Day Centres - one in Farnborough and one in Camberley
Services provided	Day services for adults (aged 18 - 40)with multiple disabilities. Easter & Summer Teenage activity schemes for profoundly disabled teens. A music therapy service that helps people with severe disabilities overcome a range of difficulties
Potential users	We are dedicated to ensuring that people with multiple disabilities have access to the same quality of life that everyone has a right to enjoy. We provide one-to-one support from trained staff in all activities

## Parkside - Aldershot & District Mencap

Contact	Suzanne Watkins - Manager Support Services
Address	Parkside, Guildford Road, Aldershot Hampshire GU12 4BP
Telephone	01252 313103
E-mail	parkside57@btconnect.com
Website	www.parksidealdershot.co.uk
Meeting Address	n/a
Services provided	1 to 1 support worker scheme (adults & children) PIP Scheme - Adult Day Service Take-A-Break scheme; Adults Gateway Club, Children's sitting service, Saturday Club, Teenage Club, After School Club. Summer Play scheme - Children
Potential users	Learning Disabilities and all associated Special Needs

## Rowhill Nature Reserve

Contact	Kathy Spink
Address	Rowhill Nature Reserve Field Centre, Cranmore Lane. Aldershot, Hampshire GU11 3BW
Telephone	01252 319749
E-mail	sbr9146531@aol.com
Website	n/a
Meeting Address	Rowhill Nature Reserve, Field Centre. (NB. Although the Field Centre has facilities for disabled people, this end of the Reserve is not Wheelchair friendly)
Services provided	<ol style="list-style-type: none"><li>1) monthly meetings 2<sup>nd</sup> Thursday of each month 7.30pm.</li><li>2) Open every Sunday 2 - 4,30</li><li>3) Guided walks</li><li>4) Talks school parties – all by arrangement</li><li>5) Tarmac surfaced path for wheelchair use</li></ol>
Potential users	All - Please note that the path for people with special needs has no access for the large mobility scooters

## **Rushmoor Access Group**

Contact	Owen Durrett
Address	3 Queens Road, Fleet, Hampshire GU52 7LA
Telephone	01252 816416
E-mail	owen.durrett@ntlworld.com
Website	n/a
Meeting Address	Rushmoor Borough Council Offices
Services provided	Advice, guidance and consultation with all issue relating to accessibility of services
Potential users	The population of Rushmoor

## **Rushmoor Carers Support Group**

Contact	Gwenda Cleave of Sheila Crowe
Address	n/a
Telephone	01252 548661 or 01252 653588
E-mail	catherine.wheeler@carecentre.com
Website	n/a
Meeting Address	First Thursday of each month 2.00pm at Rushmoor Borough Council Offices, Farnborough, Hants GU14 7JU
Services provided	We hold friendly and relaxed meetings that give carers the opportunity to share any of their day to day experiences with other carers in similar situations, thus providing practical and emotional support and friendship
Potential users	Open to all carers of any person wiytj a disability and former carers are also welcome

## Rushmoor Healthy Living

Contact	Tony Docker
Address	The Meads Business Centre, Kingsmead, Farnborough, Hampshire GU14 7SR
Telephone	01252 362660
E-mail	admin@rhl.org.uk
Website	www.rhl.org.uk
Meeting Address	n/a
Services provided	Anything related to health improvement e.g. Exercise classes, health trainers, energy adviser etc...
Potential users	Everyone - no exclusions. Services can be tailored to suit most disabilities if required

## Rushmoor Mallards

Contact	Jon Ball
Address	2 Dinorben Close, Fleet, Hants, GU52 7SW
Telephone	01252 627021
E-mail	secretary@rushmoormallards.org.uk
Website	www.rushmoormallards.org.uk
Meeting Address	Farnborough Leisure Centre, Westmead, Farnborough, Hants, GU14 7LD
Services provided	We provide a variety of sports (including cricket, badminton, swimming, wheelchair basketball, football, boccia, new age kurling). We also hold a number of social events throughout the year
Potential users	Anyone with a physical and / or learning disability along with their friends and family

## Rushmoor Voluntary Services - Home Help

Contact	Pam Hammond - Operations Co-ordinator Sue Chadwick - Administration Co-ordinator
Address	Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
Telephone	01252 370500
E-mail	homehelp@rvs.org.uk
Website	www.rvs.org.uk
Meeting Address	n/a
Services provided	The RVS Home Help service provides a home cleaning and shopping service to people who are unable to manage these tasks. A referral system currently operates and users are charged for this service
Potential users	Elderly and people with disabilities

## Rushmoor Voluntary Services

Contact	Sue Hathaway
Address	Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
Telephone	01252 540162
E-mail	sue@rvs.org.uk
Website	www.rvs.org.uk
Meeting Address	n/a
Services provided	Dial a Ride transport services; Door to Door Transport service for people unable to use public transport. Accessible minibuses available to hire to member groups enabling disabled people to travel in groups to meetings / outings / events. Also recruit volunteers to support disability groups in Rushmoor.
Potential users	Disabled, Frail and Elderly

## Rushmoor Voluntary Services - Blooming Marvellous

Contact	Joan Giles
Address	Community Centre, Meudon Avenue, Farnborough, Hampshire GU14 7LE
Telephone	01252 540162
E-mail	joan@rvs.org.uk
Website	www.rvs.org.uk
Meeting Address	Farnborough Community Centre
Services provided	<p>Blooming Marvellous is run by Rushmoor Voluntary Services - a volunteer gardening project</p> <p>Our activities include supporting residents of Rushmoor who need a helping hand in their gardens, working with local organisations to enhance the local environment, growing produce on our allotment and learning new skills to safely carry out our tasks</p>
Potential users	<p>People who want to volunteer but would like some support to do so.</p> <p>Residents in need of help in their garden who are disabled or on a low income.</p>

## Sandhurst Day Centre

Contact	Diane Mayhew
Address	Yorktown Road, Sandhurst, Berkshire GU47 9BJ
Telephone	01252 877601
E-mail	sandhurstdaycentre@talktalkbusiness.net
Website	www.sandhurstdaycentre.co.uk
Meeting Address	n/a
Services provided	Day Centre for older people providing physical and mental stimulation, activities. Also preventing isolation
Potential users	Learning Disabilities; memory impairment; Parkinson's; Wheelchair users and tripods walking frames

## Services In Sign Language

Contact	Tracey Wade
Address	Diocesan House, Quarry Street, Guildford, Surrey. GU1 3XG
Telephone	Telephone 01483 571826 (main switchboard) Fax 01483 236286
E-mail	suTracey.wade@cofeguildford.org.uk
Website	<a href="http://www.cofeguildford.org.uk">http://www.cofeguildford.org.uk</a>
Meeting Address	St Peter's Church, Farnborough; 60 Church Avenue, Farnborough, Hampshire, GU14 7AP
Services provided	Church Worship in sign language
Potential users	British Sign Language users. Voice over and loop provided. Some services projected onto screen

## Stepping Stones Down Syndrome Support Group

Contact	Sharon Smith
Address	24 Turners Avenue, Fleet, Hampshire GU51 1GX
Telephone	07541 572474 or 07923 591710
E-mail	<a href="mailto:enquiries@steppingstonesds.co.uk">enquiries@steppingstonesds.co.uk</a>
Website	<a href="http://www/steppingstonesds.co.uk">www/steppingstonesds.co.uk</a>
Meeting Address	Turners Wood Childrens Centre, Turners Way, Elvetham Heath, GU51 1GX
Services provided	Support, information & resources for parents and carers of children with Down syndrome. Includes a monthly coffee morning (first Friday of the month), monthly group speech therapy sessions, a lending library of resources, and monthly weekend playball sports sessions for school aged children
Potential users	Parents and carers of children with Down syndrome

## **The Stroke Association Communication Support Service North East Hampshire**

Contact	Beverley Troke
Address	n/a
Telephone	01252 878825      or    07717 275810
E-mail	beverley.troke@stroke.org.uk
Website	www.stroke.org.uk
Meeting Address	n/a
Services provided	Our communication service works with stroke survivors & their carers, who are living with the effects of communication difficulties; to create opportunities to develop communication strategies; help rebuild confidence & get back to life after stroke
Potential users	People with aphasia following a stroke

## **Supporters of the Day Appeal**

Contact	Mrs R Chapman
Address	20 Goodings Green, Wokingham, Berkshire, RG40 1SB
Telephone	0118 978 7405
E-mail	n/a
Website	n/a
Meeting Address	n/a
Services provided	Social Activities, Days Out, Weekend away for the Residents & workers at Yateley Industries for the Disabled
Potential users	Wheelchair users and those with learning disabilities

## **The Vine Day Centre**

Contact	Susie Porter, Centre Manager
Address	The Aldershot Baptist Church, Upper Elms Road, Aldershot GU11 3ES
Telephone	01252 400196
E-mail	susie.porter@thevinealdershot.org.uk
Website	www.thevinealdershot.org.uk
Meeting	The Aldershot Baptist Church
Services provided	Day Centre for homeless and vulnerable adults. Open Monday to Friday 12.00 noon to 3.00pm. Advice, support, counselling, literacy and numeracy, low cost lunch.
Potential users	Homeless and vulnerable adults.

## **Yateley Industries for the Disabled Ltd**

Contact	Sandra McLarry
Address	Yateley Industries for the Disabled Ltd, Mill Lane, Yateley Hampshire, GU46 7TF
Telephone	01252 872337
E-mail	sandramclarry@aol.com
Website	www.yateleyindustries.co.uk
Meeting Address	n/a
Services provided	Housing, employment & training
Potential users	Learning; physical; mental; ages 16 - 65 onwards



# Get more out of libraries



## Libraries

Aldershot and Farnborough libraries are great places to visit for information, learning and leisure. They are located in the heart of their communities and access is easy with electronic doors, lifts and fully accessible toilets available as well. It's very simple to join, there are no forms to fill in and membership is free. Expand your horizons with the latest books (including eBooks, audio and large print books), DVDs, music and free Internet.

Specialist facilities are also available such as Video magnifiers (CCTVs) and computers with accessible software.

In addition, a new service called Boardmaker will be introduced at some point in 2012. Boardmaker is computer software that contains thousands of Picture Communication Symbols for use with anyone who needs additional support with communication such as people with Autism or stroke survivors with aphasia.

Both libraries offer a wide range of adult education and learning activities in a relaxed and friendly environment with well resourced community rooms and IT suites. Find out about computers and improve your IT skills, or take up a new hobby via our leisure courses such as family history, languages and crafts. Classes are small and are run by qualified tutors and we can give you additional individual support from our team of volunteers. If you have access needs, speak to us – we can help.

Or join one of our social groups and meet new people – from craft clubs, scrabble, Knit & Knatter to Local History and Reading Groups (including an audio group for visually Impaired people), we can offer you a great choice.

And if you can't get to the library, we can come to you! Ask about our mobile services and our Home Library Service.

**Aldershot Library & Learning Centre**, 109 High Street, Aldershot GU11 1DQ  
Tel: 01252 322560 (Learning courses and activities)

**Farnborough Library**, Pinehurst, Farnborough GU14 7JZ  
Tel: 01252 516458 (Learning courses and activities)

For general library enquiries, please phone 0845 6035631 / 01329 225391

Or visit our website: [www.hants.gov.uk/library](http://www.hants.gov.uk/library)

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